The Adelphi University School of Social Work is an acknowledged leader in educational excellence in the field of continuing education. Our program is dedicated to helping social work practitioners and interdisciplinary behavioral health professionals provide excellence in their work with individuals, families, groups and communities. Through our varied degree programs, continuing education and professional development activities and diverse University-community partnerships, the School has been a driving force for ethical social work practice and service delivery, as well as a strong advocate for social justice. This fall, we received the Caron Educational Excellence Award in recognition of our programs that provide education on the consequences of drug and alcohol use.

The Adelphi University School of Social Work is proud to provide a community of professional learning for students, alumni and colleagues from the public and private sectors. We sponsor a broad range of topics to meet the interests of a diverse interdisciplinary audience. With these goals in mind, please feel free to share your ideas and suggestions for future programming and speakers.

- We recognize that it is often difficult to stay connected. Please join our online community through Facebook and Twitter.
- The members of our faculty are available to offer in-service training on a wide range of subjects.

For more information, contact:
Audrey Freshman, Ph.D.
Director of Continuing Education and Professional Development
516.877.4339 or afreshman@adelphi.edu
In a field dominated academically by a multitude of specialized, evidence-based treatments designed to address trauma, we also need a solid scientific foundation to guide what many of us humanists actually provide: plain old therapy. Attachment theory, now enriched with research on mentalizing—attunement to mental states in self and others—provides that foundation. In attachment relationships, trauma, such as childhood maltreatment, stems from repeated mentalizing failures. Plain old therapy can restore and promote secure attachment, which is essential to emotion regulation.

As clinicians, we not only grapple with the psychiatric disorders associated with trauma, but we are often confronted with its insidious existential-spiritual impact, including overwhelming feelings of alienation, bitterness, loss of faith and a sense of futility or meaninglessness. When appropriate, we professionals need to find ways to address our clients’ spirituality, including impingements on their own belief systems. This workshop addresses the need for plain old therapy, reviews theory and research bearing on mentalizing failures in attachment trauma, and advocates a way for therapists of diverse backgrounds to address their clients’ spiritual concerns.

Jon G. Allen, Ph.D., is professor of psychiatry in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine, senior staff psychologist at The Menninger Clinic, where he holds the Helen Malsin Palley Chair in Mental Health Research. He is an adjunct faculty member of the Center for Psychoanalytic Studies and the Institute for Spirituality and Health at the Texas Medical Center. He teaches and supervises fellows and residents, and he conducts psychotherapy, diagnostic consultations, psychoeducational programs and research on clinical outcomes. He is on the editorial boards of The Bulletin of the Menninger Clinic and the Journal of Trauma & Dissociation. His many books include Coping With Trauma: Hope Through Understanding; Coping With Depression: From Catch-22 to Hope; Mentalizing in Clinical Practice; Restoring Mentalizing in Attachment Relationships: Treating Trauma With Plain Old Therapy and Mentalizing in the Development and Treatment of Attachment Trauma.

Adelphi is pleased to be cosponsoring this event with Menninger.
Thirteen workgroups began in 2007 with no predetermined limit on the change they could recommend to the new diagnostic manual or system. The only requirement was that their work was to be “top secret” until the first draft was available for trial. Based on this comprehensive review of scientific advancements, targeted research analyses and clinical expertise, the work groups have developed the DSM-5 diagnostic criteria. The DSM-5 promises to be the greatest change in diagnosis since the DSM-III. Moving from diagnostic classifications based on differential diagnoses to the use of dimensional descriptors to clarify diagnoses based on empirical research could well change psychiatry as we have known it. No more axes, 20 new categories of disorders, all new coding, a total revamping of the personality disorder, looking at pathology across the life span, required interviews and cultural assessments, a new autism spectrum and reconfiguration of trauma, psychosis and addiction disorders will make the changeover to the new DSM a challenge.

Patrick DeChello, Ph.D., LCSW, RPh, is an internationally recognized clinical social worker, clinical psychologist, hypnotherapist and chemical dependency treatment specialist with well more than 30 years of experience. He is the author of 30 books and numerous articles in the mental health and chemical dependency fields. He is the founder and senior partner of D & S Associates, a training and consulting company serving the mental health and substance abuse treatment fields. He has been on the faculty of many universities, including the Yale University schools of medicine and nursing and the department of epidemiology, the Springfield College schools of social work and human services, Fordham University, the University of Connecticut and many others. He has consulted for many international bodies, including the U.K. Parliament and the Canadian government, as well as Fortune 500 companies, hospitals, school systems, insurance companies and government agencies throughout the United States, Canada and Europe.
FROM NEUROLOGICAL IMAGING TO PSYCHO-PHARMACOLOGICAL TREATMENT: IMPLICATIONS FOR CLINICAL PRACTICE

Sunil Khushalani, M.D., and Robert R. Johnson, D.O.

FRIDAY, NOVEMBER 8, 2013
9:00 A.M.–4:00 P.M. • (6 CEUs) • ALUMNI HOUSE

9:00 A.M.–12:00 P.M.
“Understanding the Neurological Underpinnings of Addiction and the Role of Medications in Recovery”
Sunil Khushalani, M.D.

Staying abreast of current issues in addiction treatment can be challenging. Externally, the social context creates engulfing stigma. Internally, the neurobiological pathways often formed in adolescence can shape the biopsychosocial destiny of addiction. The first half of the morning’s presentation will focus upon expanding the understanding of current thinking regarding the neurobiological underpinnings of addiction. In the second half of this portion of the presentation, the controversial and underutilized availability of pharmacological treatment of addictive disorder will be highlighted. Participants will obtain a primer on the current medications available for the treatment of alcohol, opioid and nicotine use disorders and their respective place in a comprehensive plan of recovery from addictive disorders.

1:00 P.M.–4:00 P.M.
“The Utility of Brain SPECT Imaging in Clinical Practice with Substance Abuse and Process Addiction”
Robert Johnson, D.O.

What is the role of brain imaging in addiction treatment? Promoted as a state-of-the-art approach, it is important to understand its application to current clinical treatment. Brain SPECT imaging is a nuclear medicine study that uses isotopes bound to neurospecific pharmaceuticals to evaluate regional cerebral blood flow (rCBF) and, indirectly, metabolic activity. With current available technology and knowledge, SPECT has the potential to add important clinical information to benefit patient care in many different areas of substance abuse and process addiction practice.

Explore the clinical controversies and limitations of brain SPECT, plus its utility in clinical practice, including the areas of prevention, evaluation and treatment of addictive disorders—helping clinicians ask better questions, enhance more complete diagnoses and evaluate underlying brain system pathology.
Sunil Khushalani, M.D., is an attending psychiatrist at the Sheppard Pratt Health System, a not-for-profit behavioral health system located in Maryland. He is the service chief of the co-occurring disorders inpatient unit and the Adult Day Hospital Intensive Outpatient Program at the Towson campus of Sheppard Pratt Hospital. Dr. Khushalani completed medical school in India and his psychiatry residency at the NYU Langone Medical Center Bellevue Hospital Center residency program. He is also certified by the American Board of Addiction Medicine.

Robert R. Johnson, D.O., is the national medical director of Amen Clinics, Inc. Throughout his 25-year career, Dr. Johnson has built psychiatric systems that successfully treat complex patients, serving as medical director at the world-renowned Sierra Tucson Hospital, a premier treatment center for addictions and mental and behavioral health disorders. Board-certified in psychiatry and addiction medicine, Dr. Johnson has also provided behavioral health consulting for public and private mental health organizations and is a certified executive coach who has worked with leaders in companies such as Rockwell International, Sony, Disney and the U.S. Olympic Committee. He believes in a holistic and integrative approach to the treatment of addictive disorders. Dr. Johnson received his doctorate in osteopathic medicine from the Chicago College of Osteopathic Medicine and served his residency at the Harbor-UCLA Medical Center, where he was chief resident. He also earned bachelor’s degrees in biological sciences and psychology from the University of California, Irvine. He has served as chair of the board of Jay Ministry and as a board member of the Florida School of Addiction Studies. He is an author, teacher and evaluator as well as a popular presenter and trainer at the national and university level.
Adelphi is proud to partner with Sierra Tucson in providing this workshop.
“Chronic pain” can imply a hopeless and permanent condition. “Complicated pain” more accurately conveys the nature of this multifactorial condition and hints at the integrative strategy that is required to successfully treat it. Jerry Lerner, M.D., chief of pain medicine at Sierra Tucson Hospital, explores the underlying physical (hyperalgesia-increased sensitivity to pain) and psychological influences (addictive disorder, somatization, trauma, secondary gain, mood disorders) that can perpetuate unresolved pain. He presents both the proven and emerging treatment strategies that can help resolve the considerations that have historically contributed to poor outcomes in these patients. Dr. Lerner lends his expertise to the options and risks of treating dual diagnosis of chronic pain with substance use/addiction and mental health disorders. In so doing, he offers a forum for exploring the countertransferential response of the clinician in assessing a client’s presentation of pain.

Jerry Lerner, M.D., is interim medical director, physical medicine and rehabilitation, and chief of pain medicine at Sierra Tucson Hospital. He is board certified in physical medicine and rehabilitation and a diplomate of the American Academy of Pain Management. Dr. Lerner has investigated pain from many perspectives. In addition to his medical and physiatric training and experience, he has studied and trained in myofascial release, cranio-sacral therapy, osteopathic manipulation, mindfulness meditation, nutrition, life coaching and trauma recovery. His treatment philosophy is to serve as a guide and facilitator, bringing together knowledge and appreciation of medical, surgical, rehabilitation and alternative strategies to serve individuals with pain, trauma and disabilities. Dr. Lerner received his medical education and specialty training at the Medical College of Wisconsin, where he has been a clinical instructor for more than 20 years. He has served frequently as a medical-legal expert on cases involving injuries, pain and disability.
Postgraduate Addiction Certificate
Master’s degree-level professionals in social work and behavioral health fields can complete the 350-clock-hour educational requirement to apply for the New York State Office of Alcoholism and Substance Abuse Services (NYS OASAS) credential in alcoholism and substance abuse counseling (CASAC-T) by taking either a 45-clock-hour sequence, if you have already taken a graduate elective course in addiction (PAC 1), or completing the entire 85-clock-hour Section I requirement (PAC 2), including blended in-class workshops and online training.

PAC 1—45 clock hours
October 1, 2013–January 21, 2014
Tuesday evenings • 15 classes • 6:00 p.m.–9:00 p.m.
(NYS OASAS preapproved Section I knowledge-specific training)
Cost: $1,850  45 CEUs

PAC 2—85 clock hours
October 1, 2013–January 21, 2014
Tuesday evenings • 15 classes • 6:00 p.m.–9:00 p.m.
Blended in-class and online course work: 20 hours
(NYS OASAS preapproved Section I knowledge-specific training)
Cost: $2,450  85 CEUs
Lead faculty: Audrey Freshman, Ph.D., LCSW, CASAC

Postgraduate Certificate in Trauma Studies
This two-semester course was designed for the experienced practitioner by a faculty of leading clinicians and researchers in the field of trauma. The program incorporates a neurobiological perspective and utilizes a phase-related approach to trauma treatment. The course work builds upon the skills of participants to maximize effective treatment with traumatized populations, including children, adults and families, in a variety of settings.

October 23, 2013–May 7, 2014
Wednesday evenings • 17 classes • 6:00 p.m.–8:30 p.m. • Friday intensive studies, four classes • 9:30 a.m.–1:30 p.m.
Includes three workshops with lunchtime discussion: October 25, 2013, November 22, 2013, and December 6, 2013
Cost: $2,850  84 CEUs
Lead faculty: Amy Feldman, Psy.D.
Postgraduate Certificate in Military Trauma

This postgraduate certificate program will enable full-time mental health/health practitioners to conveniently enhance their professional development by attending class one evening per week over the course of one academic year. Opportunities to visit the Albany Stratton VA Medical Center and participate in our annual collaborative conference on military trauma (May 2, 2014) will enhance in-class trainings that will be hosted by multiple specialists in the field. The role of the clinician in practice, administration and/or advocacy will be addressed with sensitivity toward counselor wellness and vicarious traumatization.

**October 21, 2013–May 2, 2014  
Cost:** $2,495   54 CEUs

Monday evenings • 16 classes • 6:00 p.m.—8:30 p.m.
Full-day sessions • 2 classes • 9:00 a.m.—5:00 p.m.

**Lead faculty:** Tom Quinn, Ph.D., LCSW

**SAVE THE DATE**

**May 2, 2014**

Hudson Valley Collaborative Annual Advanced Clinical Practice with Veterans Conference
“Alternative Approaches to the Addictions: Sober Companions, Case Management and Self-Help”
Friday, January 10, 2014 • 9:00 a.m.–1:30 p.m.
Ruth S. Harley University Center, Room 313  
Cost: $30  4.5 CEUs

“Alternative Treatment Approaches to the Addictions: Integrating Meditation, Yoga and Spirituality”
Friday, January 24, 2014 • 9:00 a.m.–1:30 p.m.
Ruth S. Harley University Center, Room 313  
Cost: $30  4.5 CEUs

Take both winter sessions for the special rate of $50.
CASAC Prep Course

Saturday, January 25, 2014 • 9:00 a.m.–5:00 p.m. (one-hour lunch break)

Alumni House
Cost $150
Gail Compton, M.A., LMHC, CASAC
This seven-hour CASAC exam preparatory class covers a thorough description of the CASAC exam structure, including:

- Rules and content areas
- Strategies to successfully answer multiple-choice questions
- Detailed guidelines for studying and improving test-taking skills
- Discussion of numerous sample questions and a simulated brief exam

Participants will leave the class knowing what to expect on the CASAC exam and how to successfully prepare for it.

LICENSED MASTER OF SOCIAL WORK TEST PREPARATION
For LMSW licensing test prep, email Lori Letzler at letzler@adelphi.edu or call 516.877.4390.

ONLINE COURSE: CHILD ABUSE MODULE
This course meets the requirements of New York State for training of mandated reporters. All the information you need is located at socialwork.adelphi.edu/childabusemodule.
REGISTRATION FORM (Please print clearly.)

Name _____________________________________________

Address ________________________________________________

City, State, ZIP ____________________________________________

Telephone __________________________ Email _______________________

☐ “Introducing DSM-5”
  Friday, October 25, 2013
  Patrick D. DeChello, Ph.D.
  (Early registration ends October 18, 2013.)

☐ “From Neurological Imaging to Psycho-Pharmacological Treatment: Implications for Clinical Practice”
  Friday, November 8, 2013
  Sunil Khushalani, M.D.
  Robert R. Johnson, D.O.
  (Early registration ends October 19, 2013.)

☐ “Attachment and Mentalizing in Plain Old Therapy: Treating Trauma and Its Existential-Spiritual Impact”
  Friday, November 22, 2013
  Jon G. Allen, Ph.D.
  (Early registration ends November 15, 2013.)

☐ “Complicated Pain and Co-Occurring Conditions: Identifying and Unlocking the Perpetuating Factors, Exploring Treatment Strategies”
  Friday, December 6, 2013
  Jerry Lerner, M.D.
  (Early registration ends December 6, 2013.)

Each session is priced as follows:

☐ $115 Regular fee
☐ $105 Early registration
☐ $95 Current field instructor
☐ $65 Student rate (master’s degree or above)

Select a package:
For packages of three to four workshops:

(15 percent additional discount per workshop)

☐ $98 Regular fee
☐ $90 Early registration
☐ $80 Current field instructor
☐ $55 Student rate (master’s degree or above)

Group rates are available for agencies sending more than three staff members. Call for more information.
REGISTRATION INFORMATION

Check-in and on-site registration begin at 8:30 a.m. All programs begin promptly at 9:00 a.m. Continental breakfast is included. All workshop events will take place at the Alumni House at 154 Cambridge Avenue in Garden City or in the Ruth S. Harley University Center on campus.

**Online:** To register online with a credit card, visit [socialwork.adelphi.edu/conted](http://socialwork.adelphi.edu/conted).

**By mail:** Complete and mail the registration form along with a check. If your employer is paying the fee and you cannot send the payment with your registration form, please include a letter guaranteeing payment.

**Please make checks payable to:**
Adelphi University | School of Social Work | One South Avenue  
P.O. Box 701 | Garden City, New York 11530-0701  
**Attn:** Janna King

Should you require accommodation based on a disability, or need to request an ASL interpreter, please contact the Office of Disability Support Services by phone at 516.877.3145 or email at DSS@adelphi.edu. Please allow for a reasonable time frame prior to the event; we suggest a minimum of five business days.

**DISCLAIMER**
The University reserves the right to cancel or modify any workshop for any reason. Registrants will be notified and full refunds will be issued if there is a cancellation.

**CREDENTIALING INFORMATION AND CONTINUING EDUCATION**

Continuing Education credits are available for the following disciplines:

**Social workers:** Continuing education units for social work are given through the New York State Chapter of the NASW.

**Psychologists:** Adelphi University School of Social Work is an approved provider of APA continuing education credits. The School of Social Work maintains responsibility for the program and its contents.

**CASAC training hours:** Program information has been submitted for approval to the New York State Office of Addiction and Substance Abuse Services Education and Training for six hours toward earning or recredentialing for CASAC.

**Educators:** Educators may receive Professional Development Program hours at the discretion of your schools.

**Nursing contact hours:** Adelphi University School of Nursing is an approved provider of continuing nursing education by the New York State Nurses Association’s Council on Continuing Education in Nursing and by the American Nurses Credentialing Center’s Commission on Accreditation.

Certificates of attendance will be issued at the end of each workshop.