



ADELPHI UNIVERSITY SCHOOL OF SOCIAL WORK

# NEWSLETTER

2013

## STRENGTHENING COMMUNITIES IN SANDY'S WAKE

Drawing on its greatest resource—its people—the School of Social Work responds to Hurricane Sandy by coming to the aid of local residents and educating mental health professionals.



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### Executive Editor

Ela Schwartz

### Designer

Louis Tedesco

### Contributors

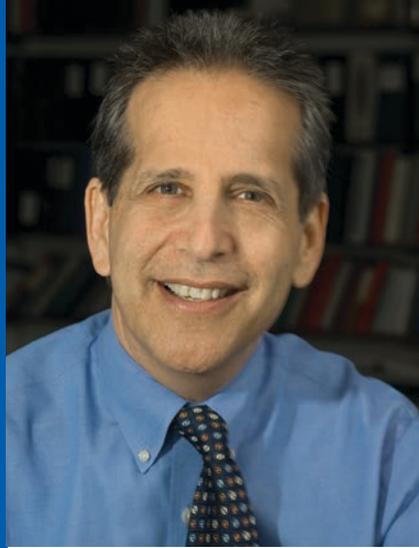
Jordan Chapman

Bonnie Eissner

Cecil Harris

Valerie Mikell

Brett Spielberg



## MESSAGE FROM THE DEAN

On behalf of the School of Social Work's faculty, administration and staff, I want to offer our warmest regards to all of our alumni and friends. This has been another exciting yet challenging year with a lot happening here at the School.

Last fall, our region took a terrible blow as a result of Hurricane Sandy. In this issue of the *School of Social Work Newsletter*, you will read

about how our caring students, faculty and staff met the challenge and immediately went into action to provide much-needed help to individuals and communities suffering in the aftermath of the storm. I am very proud of the leadership role our School has played in the recovery efforts and how we have continued to focus on the ongoing effects of tragedy, disaster and recovery going forward.

Our diverse group of students tell us they feel justified in their decision to attend Adelphi because the dynamic teaching and personal attention they receive from administrators, faculty and staff have greatly enhanced their educational experience. You'll read about these students in the profile of our Manhattan Center as well as in the article on a new extracurricular undergraduate program, Philanthropic Action in Challenging Times (PACT). Thanks to a generous grant from the Riley Family Foundation, PACT students gain knowledge and skills as grant makers as they learn to assess requests from local nonprofit agencies and award \$20,000 in grants each year.

The School's faculty continues to publish in highly regarded professional journals and engage in significant and innovative research and scholarship. Our interest in creative partnerships that serve the needs of our community has led to a new initiative here at the School. As recipients of a grant from the National Child Traumatic Stress Network that is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA), the School has established the Institute for Adolescent Trauma Training and Treatment. Its goal is to strengthen collaborations with local and national agencies and improve the quality of trauma-informed services for youth and families.

The School's strong commitment to providing vital information and inventive events to our professional community continues. This year, we again offered a diverse range of well-received workshops with nationally renowned trainers. In the spring, we held the Ninth Annual International Interdisciplinary Conference on Clinical Supervision. And, in Fall 2013, we are launching a postgraduate certificate in military social work.

As dean of the school for the past eight years, I remain extremely pleased with our achievements and activities. I hope to meet more of our alumni and friends in the coming year and look forward to hearing from you and your thoughts on the School. You can reach me via email at [asafyer@adelphi.edu](mailto:asafyer@adelphi.edu) or by phone at **516.877.4354**.

Best wishes,

Andrew W. Safyer, Ph.D.

Dean and Professor

# UNDERGRADUATE ANGEL INVESTORS MAKE A PACT

by Brett Spielberg



School of Social Work Dean Andrew Safyer, Ph.D., and PACT participants awarded checks to their chosen nonprofits at a luncheon on March 26, 2013.

**NONPROFIT ORGANIZATIONS CAN ONLY ASSIST** vulnerable populations when they have the financial support to do so. In Fall 2013, an inaugural group of 15 students in the Adelphi School of Social Work took up the challenge of determining which of more than a dozen local agencies were to be allocated a significant amount of funding to pursue their respective missions.

Thanks to a generous donation from the Riley Family Foundation, this newest undergraduate extracurricular program, named Philanthropic Action in Challenging Times (PACT), will distribute \$20,000 a year over the next five years to local grassroots social service providers. "The social impact of this program is enormous—PACT is directly supporting the educational experience of AU social work students while offering financial support to local agencies on Long Island," Shannon Riley, of the Riley Family Foundation, said. "This dynamic opportunity will hopefully offer students insight into their own professional careers and begin a dialogue on different ways one can be philanthropic. The Riley Family Foundation is confident that the participants of the PACT program will be mindful and thoughtful while reviewing the proposals for grants received, and we look forward to learning about the programs awarded grants."

"The reality is that a huge portion of money is from individual donors, not just tax dollars," Jennifer McClendon, Ph.D., assistant professor and adviser of PACT, said. "Many social service organizations would close their doors without the help of private donors. It's challenging to teach that to students."

A chance for students to call the shots proved to be an interesting and engaging concept for undergraduates. "For me, it's an amazing experience because I hope to one day manage a nonprofit organization myself," junior Marie Flore

Bras said. "It's a great opportunity to understand and have knowledge of the grant-making process."

Developing a program on the fly, the first year of PACT has been a learning experience for everyone involved and a chance to set the precedent for the next four years. "We're the first ones in this program so we're really the pioneers," Marie said.

Throughout the fall semester the group in this extracurricular initiative met regularly to plan out the pilot year of this promising program. Though the hurricane slowed down the process, by mid-December, the group finalized their Requests for Proposals (RFPs) and made site visits. The consensus was that PACT funding would focus on nonprofit agencies based in Nassau County with an annual budget of less than \$300,000 that provide services for children in low-income areas, with priority consideration given to areas hit particularly hard by Hurricane Sandy. By February, the students had developed a proposal evaluation rubric to determine finalists.

At a meeting that month, students fiercely debated which agencies were the most qualified for PACT's \$20,000 fund this year. Should they go with national

"We're the first ones in this program so we're really the pioneers."

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# A MENTOR BIDS FAREWELL by Brett Spielberg



Dr. Rosenberg (left) with former student Dr. Coyne at Alumni and Friends Day

Ellen S. Rosenberg, D.S.W., LCSW, has been a valued member of the School of Social Work faculty since 1975. At Alumni and Friends Day on May 3, 2013, Dr. Rosenberg was honored for her service to Adelphi and received a standing ovation. A former student, Thomas Coyne '81, M.S.W. '82, Ed.D., described her as "the kind of teacher you would want... compassionate, empathetic, genuinely concerned about her students. Her influence will be sorely missed."

We asked Dr. Rosenberg to reflect on her experiences here at Adelphi.

## **Q. What was your focus before coming to Adelphi?**

A. My training before Adelphi was psychiatric social work, but I shifted my focus a few times over the years. Adelphi offered the possibility of continued professional growth.

## **Q. What accomplishments are you most proud of?**

A. At Adelphi I mainly taught in the human behavior sequence. It included a large amount of diagnosis and assessment that I utilized my psych background for. I'm extremely proud of the work I was a part of, like the grant from Nassau Legal Aid that gave us an opportunity to bring students into the [Nassau County Correctional Center] to do diversion work and to try to find adolescents placements to prevent them from going to jail. Three outstanding programs at Adelphi for me were the Social Work Clinic, which I developed and directed for several years, the Adelphi UJ-Hillside Practice Research Center and the social work doctoral program, which I also chaired for several years. In each case, the enthusiastic students and supportive administration, faculty and staff made these cooperative ventures growth-inducing and gratifying. For the Practice Research Center, we worked with Queens Hospital Center social workers and conducted a hunger survey among patients. We published the results and got the community involved to get the patients food.

## **Q. What, or whom, will you remember most from Adelphi?**

A. Without a doubt, the students I have worked with and mentored, particularly the doctoral students, with whom I've worked most intensively.

## **Q. What are your plans for your retirement?**

A. As a retiree, I expect to continue some work as a practitioner with a small private practice. Otherwise, I plan to enjoy my family and friends and go to more movies. Nothing too specific yet.

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organizations looking to fund new projects in specific local areas, or should they choose small regional agencies trying to expand? What does "grassroots" truly mean? Which organizations would use the grants in a way that would best serve vulnerable populations?

It seemed as though everyone had their favorites, but with the feedback from Director of Undergraduate Social Work Sergio Argueta, M.S.W., the undergraduates learned to put their emotions and

biases aside to narrow down more than a dozen applications to just a handful of finalists.

At a luncheon on March 26, 2013, PACT awarded \$10,000 to the Long Island Council on Alcoholism and Drug Dependence's BUDDY (Building Unique, Dynamic, Diverse Youth) mentoring program and \$10,000 to the Herstory Project for Hands Across the Community: Youth Writing for Justice initiative. Although not for course credit, upon completion of

the six-month program students received a Certificate in Philanthropic Leadership and a stipend of \$300.

"Selecting a worthy agency was difficult, but it felt great to be the ones to make that decision," Johnny Morales, a junior, said. "I feel lucky to have been a part of the first year of PACT, and it will be exciting to see what will happen over the next four years."

# ADELPHI HOSTS INTERNATIONAL INTERDISCIPLINARY CONFERENCE ON CLINICAL SUPERVISION

by Cecil Harris

**IN WHAT HAS BECOME AN ANNUAL GLOBAL MEETING** of the minds, the Adelphi University School of Social Work hosted the Ninth International Interdisciplinary Conference on Clinical Supervision from Wednesday, June 12–Friday, June 14, 2013.

This was the fourth consecutive year Adelphi hosted the conference, which brings together educators, practitioners and researchers from across America and around the world. Co-convened by School of Social Work Dean Andrew Safyer, Ph.D., and Associate Dean Peter Chernack, D.S.W., the event featured symposiums and plenaries that explored such mental health issues as family therapy, addiction and child welfare.

Originally supported by a grant from the National Institute of Drug Abuse, the conference has truly become Adelphi's event. The previous five conferences were held at the University of Buffalo. In 2005, the first conference included 225 attendees and more than 50 presentations.

"The conference has grown each year, and this was an exciting year due to the many very strong international contributions we offered," Dr. Safyer said,

referring to presentations given by attendees from Canada, Europe, Australia and South America, as well as the United States.

Before the conference became a yearly event, researchers tended to present their newest findings at their own conferences rather than engage in dialogue with professionals from other disciplines in the field of social work, Dr. Safyer said. And while millions of dollars were spent on the development of new knowledge, the information did not always reach the practitioners who would have benefited from it.

The Adelphi conference serves to fill those voids in an atmosphere that is relaxed and stimulating. The event provides an annual forum for important discourse across different disciplines, a critical examination of the current state of knowledge in those disciplines and suggestions regarding future directions in research.

"We've been able to bring to Adelphi some of the most cutting-edge work being done in supervision, research and practice," Dr. Chernack said. "That information is enriching to the Adelphi community and to all our national and international participants."

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## Peter Chernack, D.S.W., to Lead New York State Chapter of National Association of Social Workers

by Cecil Harris



With the U.S. Department of Labor predicting a 25-percent increase in the number of social workers by the end of this decade, Peter Chernack, D.S.W., associate dean of the School of Social Work and faculty director of the Center for Nonprofit Leadership, said he is excited about becoming president of the National Association of Social Workers' New York State chapter (NASW-NYS).

"I look forward to working with the [NASW-NYS] board, chapter staff and social work leaders and members across New York State to help achieve a comprehensive workforce development agenda," Dr. Chernack said. "Together with the board and our partners, I will work to promote the profession, advocate for our members' interests and advance opportunities for continuing education and professional development." His one-year term as president-elect began on July 1 and will be followed by two years as chapter president.

With 145,000 members, NASW is the largest membership organization of professional social workers in the world, with chapters in all 50 states as well as Washington, D.C., Puerto Rico, Guam and the Virgin Islands. The New York State chapter, based in Albany, has almost 10,000 members. "It is a privilege to represent the social workers of New York State," said Dr. Chernack. "The goal is to empower and engage membership. That's really where our strength lies."

NASW-NYS has an active lobbying presence that "addresses a range of issues important to our members and the profession," Dr. Chernack said. "We are currently working with our partners to lobby for legislation to require continuing education for social workers."

NASW-NYS is separate from the New York City chapter. Dr. Chernack notes that the chapters work together effectively around common concerns and he is open to opportunities to build on alliances with the New York City chapter and other professional organizations, such as the New York State Society for Clinical Social Work, "to achieve collective impact," he said. "We need to work together to fully represent the interests of our members and the profession."

"Being in a leadership role with NASW-NYS is a wonderful opportunity to expand on the work I have been a part of at the School of Social Work, where we are committed to strengthening and building a human service workforce to meet the needs of diverse communities throughout the region."

# ADVOCACY IN THE FACE OF ADVERSITY

by Valerie Mikell

**ON MARCH 4, THE RUTH S. HARLEY UNIVERSITY BALLROOM** was filled to capacity. While students continued to trickle in, more rows of chairs were set up to accommodate them as they waved to colleagues across the room. School of Social Work faculty and students rallied together for inspiration, education and collaboration during Adelphi's second annual Social Action Day 2013. "Now, more than ever, we need to take responsibility for our actions, make a difference and inspire change," Lois Stein, D.S.W., assistant dean for academic affairs and director of the M.S.W. program, said. As representatives from each Adelphi location gave updates on the great accomplishments of social work students, it was evident that social action is already in practice at Adelphi.

"Events like Sandy Hook renew our charge as social workers to fight for those who can't fight for themselves."

According to Schanica Pickens, student affairs coordinator, the principles of social action involve "looking at the bigger picture, doing a needs assessment and organizing the community." The School of Social Work has been proactive in addressing the critical needs in the community, including fundraising for foster children; conducting food, clothing, book and voter registration drives; and impacting legislation at the city and state levels.

As a result of the recent natural and man-made disasters that have gripped the nation—Hurricane

Sandy and the violence in Newtown, Connecticut—disaster recovery was the theme of the event titled "Disaster Recovery: Taking Action to Rebuild Lives." These traumatic events have increased awareness of the role social workers play in recovery efforts. The NASW policy statement, "Disasters" (NASW, 2003), states that social workers are "uniquely suited to interpret the disaster context, to advocate for effective services, and to provide leadership in essential collaborations among institutions and organizations."

Never was the need for social workers in disaster recovery more evident than

when Andrea Condell, Manhattan Center student, Social Action Group (SAG) member and NASW student representative, read her stirring poem "My Crisis," recounting her conflicting feelings of both insecurity and gratefulness during Hurricane Sandy.

The event's keynote speaker, Christopher Lyddy, former state representative for Newtown, Connecticut, and member of the Sandy Hook Advisory Commission, spoke of his recent journey seeing the swift response of social work in action after the school violence at Sandy Hook Elementary School. As both a legislator and social worker, he stressed, "Events like Sandy Hook renew our charge as social workers to fight for those who can't fight for themselves." Breakout groups followed, focused on honing the skills necessary for social work practice, including advocacy, community organizing, persuasion and action.

## TAKING ACTION IN ALBANY

The next day, 60 Adelphi Hudson Valley Center social work students put social action into practice during Lobby Day, organized by the New York State Social Work Education Association. Adelphi joined approximately 160 students from other schools of social work throughout New York State. They distributed flyers and visited legislators in support of the Dream Act; met with the Bipartisan Task Force for Hurricane Sandy Relief and found out how to get involved in relief efforts; learned more about the Housing New York Program Act for the 21st century; and fought against the governor's recommendation for permanent social work licensure exemption for state-funded agencies (which would allow unlicensed workers to "diagnose and treat" clients with serious mental health issues). "It would have been a terrible situation for the general public...for social workers, it would have been a great insult to the integrity of the profession by filling professional jobs with paraprofessionals," Marilyn Paul, clinical assistant professor, Hudson Valley Center, said. The recommendation was eventually overturned.

"The main goal of the day was to offer the students an experiential lesson in political advocacy," Ms. Paul said. "I think those students who attended now understand, at least at a basic level, what we as social workers do, and how we must have an impact on political change."

# MY CRISIS

Hurt but not broken. Broke but not finished. Torn but not bruised. Homeless but not forgotten.

We see strife, we feel smothered, we endure through pain. We understand humility, we get hungrier, we are cold. We live with no power, we eat what we can.

We are in a crisis. I SAID WE ARE IN A CRISIS.

We have our lives. We have our families. Some have more than we do and some have less. Is it wrong that I feel just as stressed? I ask, is it wrong that I feel just as stressed?

I want to process all the displacement around us but my brain just won't process. Does it make me weak? Or am I just hurt but not broken?

Never have I seen such mayhem. Never would I expect my home to resemble a war zone. NEVER, NEVER, NEVER. I want to cry but I have a home, so why would I?

Who am I to complain when I, I was able to evacuate. I mean, I have power, a place to sleep, a place to eat, to cook. I have heat. I have water.

Then I come back to the city I call home. I see cars upside down. Cars run into electrical poles. Electric poles tilted and lying in the street, trees blocking whole streets, not to mention watermarks up to 12 feet.

But we New Yorkers, we know how to persevere, we come together. United we stand to help out those who need help. We donate...time, money, clothes, toiletries and shoulders to cry on. We help each other even though we don't like to ask for help. So we're good.

—Andrea Condell,  
Manhattan Center student,  
Social Action Group member,  
NASW student representative

# A VOICE OF PERSEVERANCE AND EMPOWERMENT

by Cecil Harris



Dean Andrew Safyer, Ph.D., with Richard Lodge Prize recipient and University of Michigan Professor Lorraine Gutiérrez

**DISPLAYING THE PERSEVERANCE** that has elevated her to prominence in the social work profession, University of Michigan Professor Lorraine Gutiérrez, Ph.D., gracefully withstood a 20-minute interruption caused by a fire alarm and continued to deliver her impactful keynote address as the 2013 recipient of the Richard Lodge Prize at Alumni and Friends Day on May 3.

Fortunately, the fire alarm was false. The unplanned interlude gave the audience at the Thomas Dixon Lovely Ballroom more time to reflect on Dr. Gutiérrez's speech, "An Empowerment Perspective on Natural and Unnatural Disasters." An example of a natural disaster would be Hurricane Sandy; an unnatural disaster would be the fatal shootings at Sandy Hook Elementary School in Newtown, Connecticut.

Dr. Gutiérrez, who regards social work pioneer Jane Addams as a role model, urged the audience of social work educators, social workers and students to become truly engaged with their local communities as opposed to practicing what she called "drive-by helping." She asked audience members to write down one goal that would improve their empowerment practice. She also implored educators to set the right example for students.

"If you are the type of educator who laments that students are not interested in talking to politicians to lobby on a particular issue and you're not doing that as a faculty member, then what type of behavior are you modeling?" she asked.

Dr. Gutiérrez also drew a sharp distinction between the way people and institutions react to certain unnatural tragedies, comparing the Sandy Hook shootings to the frequent acts of gun violence across America.

"We tend to be outraged by what happened at Sandy Hook or the Boston Marathon bombings, but not outraged that there are seven gun fatalities affecting children in America every day," she said. "That is because we don't see [the daily violence] as readily and it doesn't happen in the same place. But that doesn't make the daily violence any less outrageous."

Dr. Gutiérrez has done pioneering work in the area of empowerment theory and its application to social work. She has a joint appointment with the School of Social Work and Department of Psychology at the University of Michigan and is an associate professor in American culture. She is the editor-in-chief of the *Journal of Social Work Education*. Her teaching and scholarship focus on multicultural and community organization practice and methods for multicultural education in higher education.

Before presenting the Lodge Prize, Andrew Safyer, Ph.D., dean of the School of Social Work, told the audience, "There are two things I particularly admire about Dr. Gutiérrez: (1) her ability to have very difficult conversations respectfully, and (2) her generosity as a mentor to students, practitioners and colleagues."

Dr. Gutiérrez's visit to Adelphi was a homecoming of sorts. From 1978 to 1984, she was a social worker in New York City. As a caseworker in the Bronx, she conducted education and training workshops around domestic violence and developed and managed an emergency shelter program in the Bronx, Queens and Staten Island.

"Dr. Gutiérrez has had such a great impact on the profession and she's a seminal thinker in the area of empowerment theory and practice, which is core to the work we do as social workers," Peter Chernack, D.S.W., associate dean of the School of Social Work, said. "It was wonderful to have her here at Adelphi."

The Lodge Prize is named for the late Richard Lodge, Ph.D., who was a leading social work educator and Adelphi University professor. Dr. Lodge had a distinguished career that included service as executive director of the Council on Social Work Education, dean of the School of Social Work at Virginia Commonwealth University and professor at the University of Pennsylvania.

"I believe Dick Lodge would be pleased to know that this year's prize was given to Dr. Gutiérrez," Dean Safyer said.



# Manhattan Center Happenings by Valerie Mikell

## **JULIO LOPEZ WORKS AS AN OFFICE MANAGER**

for an outpatient substance abuse treatment center in midtown Manhattan. A native of the Dominican Republic, he relocated to New York with his family at seven years old. He faced the obstacles of learning a new language and culture and worked tirelessly to fulfill the potential his parents and teachers saw in him. That same perseverance and drive is fueling Mr. Lopez' latest goal—to earn his M.S.W. at Adelphi's Manhattan Center.

Working full time and attending evening and weekend classes is demanding, to say the least. "One of the challenges I face every day, which I'm sure all graduate students can relate to, is juggling work, school, internship and family time," Mr. Lopez said. In addition, he carves time out of his busy schedule to live the principles of social work as an active member of the Manhattan Center's Social Action Group (SAG). "For someone like myself, who has been working in an administrative setting for the last nine years, SAG allows me to connect with the population I will eventually be working with, and it is a great way to gain extra field experience before finishing school."

According to Andy Peters, director of Manhattan Center School of Social Work programs, Mr. Lopez is a mainstay of the social work program and there are many more students like him who make the time to give back. In total, there are 15 active



Members of SAG meet with Councilwoman Rosie Mendez to discuss the complicated issue of housing policy.

members of SAG, a diverse group of social work students who balance their personal, professional and educational endeavors with a commitment to advocacy and improving the community. And they have been busy.

In October 2012, SAG members testified during a City Council committee hearing chaired by Councilwoman Rosie Mendez on the issue of rightsizing, a New York City Housing Authority policy that places individuals and families into housing slated for their family size. They joined in Hurricane Sandy relief efforts and organized a food drive, enlisting participation from the Manhattan Center and the surrounding community. Beginning last fall, SAG also conducted a children's book drive for the Bushwick Family Residence Shelter in Brooklyn that culminated in a literacy activity in the spring, at which Adelphi students read to the children and helped parents apply for library cards.

"Students have shown great leadership, teamwork and commitment beyond their own personal goals," Aixa Rodriguez, student affairs coordinator, social work programs at Manhattan Center, said. "Students in the social work program balance personal, intensive internship and course-work responsibilities, and even with all these demands and limited time, they still find the time to engage in community service."

# INTRODUCING THE INSTITUTE

by Ela Schwartz

## ADELPHI'S INSTITUTE FOR ADOLESCENT TRAUMA TRAINING AND TREATMENT SETS FORTH TO CREATE A SKILLED TRAUMA WORKFORCE AND DELIVER SERVICES TO THOUSANDS OF AREA YOUTH

At first glance, you'd think Aliyah, 18, and Shalilah, 15, were two well-behaved, even somewhat demure, young girls. But their demeanors mask years spent trying to overcome the effects of trauma. Aliyah had trouble controlling her anger, while Shalilah struggled with severe depression.

Both girls finally found refuge at MercyFirst, one of the largest residential youth programs in New York. Rather than simply being treated with anger management counseling and antidepressants, respectively, the girls received Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), which provided them with the skills to identify their emotions and replace negative coping mechanisms with productive ones. Shalilah learned to trust and confide in others, while Aliyah said, "Now I think before I act."

Mandy Habib, Psy.D., and Victor Labruna, Ph.D., are two of the co-authors of SPARCS. Both have extensive experience in studying and treating adolescent trauma. And they're aware that many professionals lack the knowledge of how to identify and treat adolescents who have been traumatized.

Now Drs. Habib and Labruna are bringing their expertise to the School of Social Work to serve as directors of a new initiative: the Institute for Adolescent Trauma Training and Treatment. The program is made possible thanks to a \$1.6 million grant from the Substance Abuse and Mental Health Services Administration, a federal agency that aims to promote research and provide mental health services to people and communities most in need.

During the next four years the institute will partner with MercyFirst to train more than 1,000 social work students and mental health professionals on Long Island and in parts of New York City in evidence-based trauma interventions. This skilled workforce will then deliver treatment to more than 4,000 adolescents such as Aliyah and Shalilah.

According to Peter Chernack, D.S.W., associate dean of the School of Social Work, "This prestigious grant strengthens the School's capacity to prepare graduates for trauma-informed practice and will contribute meaningfully to building the region's mental health workforce in this critical area of practice."

The institute operates under the aegis of the National Child Traumatic Stress Network (NCTSN), the organizational arm of the National Center for Child Traumatic Stress at Duke University. According to the NCTSN, a recent study of 1,400 American youths found that more than two-thirds had experienced one significant traumatic event by the age of 16, such as being the victim of or witnessing abuse, violence or an incident such as an accident, death or natural disaster. More than one-third of these young people reported being exposed to trauma more than once.

This multiple, or complex, trauma significantly impacts an individual's physical and mental well-being. "Trauma changes who you are as a person," Dr. Habib said. "It affects your body chemistry and the way your brain functions. You may start to always be on guard, ready to defend yourself if someone looks or speaks to you a certain way." Conversely, adolescents suffering from complex trauma may become extremely detached and withdrawn. Trauma victims are also more likely to suffer from physical illnesses.

Dr. Labruna explained that behaviors such as acting out, difficulty concentrating and depression are often misdiagnosed as mental illnesses and treated with medications or therapies that don't address the real problem: "that these kids have a history of trauma."

The cost of untreated trauma is severe, both in dollars and lives that are a shadow of what they could have



Institute directors, staff and nine graduate students from the School of Social Work attended TF-CBT trainings at MercyFirst.



The institute will train students like Caralee Compitello (left) to treat adolescents such as Shalilah (right).

been. According to a 2007 study by Pew Charitable Trust, child abuse and neglect costs \$103.8 billion annually in treatment and lost productivity.

### IT'S THE NETWORK

Being linked to the National Child Traumatic Stress Network enables Adelphi to draw upon renowned experts on trauma, such as Ernestine Briggs-King, Ph.D., director, data and evaluation, for the National Center for Child Traumatic Stress, and Donna Potter, LCSW, training project coordinator of the North Carolina Child Treatment Program and clinical instructor at Duke University School of Medicine.



Aliyah (left) is one of the many teens served by MercyFirst.

On March 13 and 14, 2013, Dr. Briggs-King and Ms. Potter provided training in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT) to more than 30 MercyFirst staff and nine graduate students from the Adelphi University School of Social Work. TF-CBT has been used to help children who have experienced a wide array of traumatic events.

"Given the high rates of trauma exposure among adolescents across the United States, it is imperative that colleges and universities begin to strengthen the capacity of our future workforce to provide trauma-informed treatments," Dr. Briggs-King said. She cites the new institute and the recent TF-CBT training as examples "of how the Adelphi University School of Social Work is rising to meet this challenge" to provide "what promises to be a transformative community-based effort that will continue to have a far-reaching impact across the state of New York and the nation."

For graduate student Denise Jordan, the training was an experiential learning opportunity. "I knew that TF-CBT is very effective," she said. "Now I got to see how a therapy session is carried out, in an environment where adolescents are being treated."

Drs. Habib and Labruna said students will be able to attend similar training sessions for SPARCS and noted that Adelphi students will be able to use their newly

acquired knowledge and trauma treatment skills in field placements, including residential settings such as MercyFirst.

"MercyFirst is committed to the provision of trauma-informed and trauma-sensitive services," Jacqueline McElvey, chief program officer for MercyFirst, said. "The opportunity to partner with the Adelphi School of Social Work and the institute to implement the TF-CBT and SPARCS models of treatment is a gift that we embrace with gratitude, as it brings countless benefits to our youth, their families and our staff. We look forward to welcoming students from Adelphi into our programs, knowing how well prepared they are to engage in the work of effective trauma treatment."

### TRAINING A SYSTEM, AND SOCIETY

Dr. Labruna said that when they leave residential homes, many of these kids lack the problem-solving skills and resiliency to cope with life in the real world.

"Trauma is a systemic problem," Dr. Habib said. "Schools, courts and communities need to be trauma-informed. We're not just offering a day or two of training; we're training a system."

For now, Aliyah and Shalilah are on their way. "I'm more resilient," Aliyah said, adding that whatever curves life may throw at her, "I know I'll bounce back."



# VETTING YOUR VETERAN

by Jordan Chapman

**FOR THOSE WHO HAVE NEVER SERVED**, it's hard to imagine what life in the military is like. The military world is filled with restrictions and rules, training, family stress, deployment, friends and enemies made, constant vigilance and even battles, suicides and loss of companions.

It's a world Marilyn Paul, Ph.D., clinical assistant with Adelphi's School of Social Work at the Hudson Valley Center, first walked into at a Veterans Affairs (VA) office some years ago.

Dr. Paul described her feelings after her first visit to the VA as one of overwhelming lost time. She had been a practicing social worker for more than 20 years, and she had no professional training or experience working with veterans. She felt she lacked knowledge of veterans' issues and hoped to have the opportunity to change this.

Her desire to help veterans has led to the launch, in October 2013, of the School of Social

Work Department of Continuing Education's Postgraduate Certificate Program in Military Trauma at Adelphi's Hudson Valley Center School of Social Work.

The program will train licensed master's- or doctoral-level mental health practitioners to assist in the ever-present and growing need to address postwar issues. Course topics will include anxiety, depression, post-traumatic stress disorder, suicide, sexual assault, homelessness, traumatic brain injury, mutual aid, and polytraumatic and catastrophic injuries. Students will have the

opportunity to visit the Albany Stratton VA Medical Center.

The importance of this program is clear. "We recently had two wars going on, in Iraq and Afghanistan. Everyone who will ever work in social work will have some involvement in military. They will be a veteran, their patient will be a veteran or someone in their patient's family will be a veteran," Dr. Paul said.

"We recently had two wars going on, in Iraq and Afghanistan. Everyone who will ever work in social work will have some involvement in military. They will be a veteran, their patient will be a veteran or someone in their patient's family will be a veteran."

She first started hearing stories of social work practice with the veteran population and their families when she worked as a liaison and adviser for students who were being placed in internships at the Albany Stratton VA Medical Center in 2010.

Since then, military mental health incidents have increased. CBS News reported in 2012 that Army suicides were up 80 percent, and that out of the 255 soldiers who had committed suicide, 17

percent of them had been previously diagnosed with a mental health issue, while 50 percent had visited a mental health professional in the past. And according to a May 16, 2013, front-page story in *The New York Times*, "the military may be undercounting the problem because of the way it calculates its suicide rate."

Veterans aren't the only ones in the family who are exposed to the incredible stress that a soldier goes through. It's often expressed that the role of army wife is the hardest job in the military. According to Dr. Paul, something had to be done to try and assist veterans and their families in the region.

Eileen Chadwick, director of Adelphi's Hudson Valley Program; Diann Cameron Kelly, associate professor, chair and one of the editors of *Treating Young Veterans: Promoting Resilience Through Practice and Advocacy*; and Dr. Paul, among others, convened to discuss, put together and promote their first conference, "Social Work Practice With Veterans Through the Lifespan."

Social work students, Adelphi alumni, agency personnel and area private practitioners sold out the event, which focused on such topics as deployment, reintegration and end-of-life care.

Following a second sold-out conference focusing on veteran families, Dr. Paul said that she and her colleagues knew it was necessary to introduce something greater than annual conferences.

"We have people who want real, in-depth clinical training they can take with them through their careers," she said.

For more information, visit [socialwork.adelphi.edu/military-trauma](http://socialwork.adelphi.edu/military-trauma).

# STRENGTHENING COMMUNITIES IN SANDY'S WAKE

ON OCTOBER 29, 2012, HURRICANE SANDY DECIMATED THE METROPOLITAN TRISTATE AREA. MORE THAN FOUR MILLION PEOPLE WERE LEFT WITHOUT POWER. CARS LINED UP FOR GASOLINE STRETCHED FOR BLOCKS. TREES BLOCKED ROADWAYS. AND THAT WAS IN THE COMMUNITIES ONLY MODERATELY HIT. IN AREAS SUCH AS BREEZY POINT, BABYLON, OCEANSIDE AND LONG BEACH, NEW YORK, RESIDENTS WERE FLOODED OUT OF THEIR HOMES OR FOUND THEIR ONCE THRIVING NEIGHBORHOODS REDUCED TO WHAT RESEMBLED WAR ZONES.

Adelphi University was not spared. Numbers of students, faculty and staff were contending with no electricity, property damage or the search for temporary housing.

When the campus reopened on November 5, the School of Social Work wasted no time getting into action. Everyone from freshmen to senior faculty was eager to put their social work skills into practice. "Obviously, Superstorm Sandy was an unprecedented event, and it was moving and gratifying to see the way the University community came together to respond as a whole," said Peter Chernack, D.S.W., associate dean. "We were motivated by our students, faculty, staff, field instructors, people from the human services community, as well as the clients that our social work students serve. People were seriously affected by the storm and we moved to action as quickly as we could."

Sergio Argueta, director of undergraduate social work, implemented service trips to devastated communities, where students, faculty and staff rolled up their sleeves and worked side by side, cleaning out debris and distributing food, clothing and cleaning supplies to residents in need. Faculty and staff helped graduate students whose field placements were no longer operational find work in hurricane relief efforts such as FEMA and Project Hope. School of Social Work alumni came back to their *alma mater* to offer counseling and tutoring for students. A Facebook page entitled "Adelphi School of Social Work Responds to Hurricane Sandy" was created and soon became a vibrant online community, accessed by almost 3,000 users at its peak in the first two weeks following the storm. Faculty and administration, as well as the Center for Nonprofit Leadership, quickly pulled together workshops and discussions to help their constituents keep their clients and organizations afloat in a social services world turned upside down.



# TEACHABLE MOMENTS: SERVING SANDY'S VICTIMS

by Bonnie Eissner

**WHAT DO YOU DO WHEN A HURRICANE** ravages communities that you're close to, ruining the homes of friends and loved ones? When you're a social worker, you spring into action. That is exactly what Sergio Argueta, the director of undergraduate programs in the School of Social Work, did after Sandy upended life for many he knew in the towns of Long Beach and Island Park.

Mr. Argueta's church is based in Long Beach, as are friends and family members. "Clearly, after seeing the horrific aftermath of the storm, you're sort of saddened and emotionally drained by the devastation, but as a social worker you're trained to work through traumatic experiences and begin to rebuild," Mr. Argueta said.

Days after the storm, he joined social work faculty and fellow administrators in a meeting to plan the School's response to Adelphi students and area residents who were suffering because of Sandy. Among the initiatives was a service trip to Long Beach.

"I reached out to nonprofit organizations in the area, and we began to develop a list of individuals that needed assistance with cleanouts," Mr. Argueta recalled. "There were a number of people with disabilities or single parents or people who simply could not afford to hire someone to assist them with removing furniture and clothing from flooded areas."

On Sunday, November 8, 2012, just shy of two weeks after the storm, about 60 volunteers from across the campus traveled with Mr. Argueta and

social work students, faculty and administrators to participate in the Long Beach recovery.

The Adelphi volunteers spent about 10 hours that day cleaning out homes and community buildings,



Removing ruined possessions was all in a day's work for student and faculty volunteers.



Adelphi volunteers, including social work students, faculty and staff, participated in the Long Beach recovery.

removing ruined possessions and scrubbing away mold. They also distributed clothing and cleaning

supplies from Adelphi's massive donation drive and served food.

"I had access to a food truck, so we were able to just feed the community for a couple of days, and we did this for a few weekends in a row," Mr. Argueta said.

He said the outpouring of support from across the Adelphi campus was inspiring. The work also gave him a chance to blend his Adelphi role with his passion for grassroots organizing. "It really made me realize how fortunate I truly was to be a part of the Adelphi University campus," he said.

He described the two Long Beach trips and the trip to Oceanside and Island Park as "teachable moments" for social work students. The experience of assisting victims, he said, merged classroom theory with practice. "It also allowed [our students] an opportunity to see the stark realities of what poverty or inequality can create," he said. "I think it was extremely educational for our students to realize that just because you're fine today doesn't mean that you'll be fine tomorrow."

Stefani Occhiuto, a junior, participated in all three trips. In fact, a couple of weeks after Sandy, she approached Mr. Argueta about organizing a trip to Oceanside, her hometown, where she knew help was needed. She was amazed by his immediate support. "We put something together on very short notice, which just showed how fast people were willing to act," Stefani said.

She described removing belongings and furniture

from flooded homes and cleaning out a damaged church and school, including ripping out the church's kitchen and removing waterlogged file cabinets from the school. "It was strenuous," she admitted. She said, though, "The heavy things didn't even feel so heavy because it was just something that needed to be done."

Sayyeda Khalfan, a sophomore, said participating in the trip to Long Beach confirmed her desire to be a social worker. "This is the kind of work I want to spend my life doing because when something happens to anybody in a community, I feel like it's the duty of other people to respond to that person, or to that group of people, or to that community," she said.

From one woman who had lost everything, including treasured photos, Sayyeda saw both vulnerability and stoicism and felt inspired. "We learned a lot from her about the resilience of people and how you can learn to cope with things," she said.

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School of Social Work faculty volunteers turned the day into an experiential learning opportunity, she added. "On the bus on the way home, our professors asked us to reflect on what we did and discuss what we'd learned as social workers."

The School reached out to students who had been displaced or otherwise severely impacted by the storm. "Many of them have been able to continue pushing through," Mr. Argueta said. "They are the true definition of the word resilience, which is something that we spend a lot of time teaching in the School of Social Work."



Work was strenuous, said student Stefani Occhiuto, but "the heavy things didn't seem so heavy because...it needed to be done."

# HELPING PROFESSIONALS NAVIGATE POST-SANDY

by Ela Schwartz

**THERE WERE NOT MANY BUSINESS CARDS** being exchanged by the more than 300 social workers and mental health professionals attending the full-day workshop “After the Storm: Psychological First Aid in Response to Hurricane Sandy” on November 16, 2012. Swamped by responsibilities to their clients and communities after Hurricane Sandy and dealing with their own losses, remembering to pack business cards just wasn’t a priority. But that didn’t mean there wasn’t plenty of connecting and networking going on, as attendees whipped out pen and paper or smartphones to exchange contact information with their colleagues.

They weren’t the only ones who scrambled at the last minute to fit the event into their already crazed schedules. The workshop was the result of Adelphi faculty and staff’s willingness to go the extra mile to put together the conference agenda, create handouts, reach out to potential attendees and do the countless other tasks necessary to creating a successful event.

According to Audrey Freshman, Ph.D., LCSW, CASAC, director of continuing education and professional development, November 16 had already been booked for a workshop on addiction, but she felt it needed to be canceled to address the aftereffects of Sandy. The next question was the conference agenda. “We asked, what can we do to

support clinicians?” she said. “We needed to figure out what was the state-of-the-art method for 2012.”

She consulted with Marcy Safyer, M.S.W., LCSW-R, director of Adelphi University’s Institute for Parenting. Ms. Safyer had two colleagues who contacted her to offer their assistance: Michele Many, M.S.W., LCSW, and Amy Dickson, Psy.D. These assistant professors with the

in the immediate days to weeks following a disaster. “Introduction to Psychological First Aid,” became the morning keynote, presented by Ms. Safyer, Cheryl Arbitelli, LMSW, Krista Diaso, LCSW, Mandy Habib, Psy.D., and Victor Labruna, Ph.D. The latter two specialists in the field of traumatic stress would soon become the new project directors of Adelphi’s Institute for Adolescent Trauma Training and Treatment (see page 8). For the afternoon, participants chose to

attend one of seven workshops on such topics as enhancing resilience, helping children cope or working with adult and senior populations in affected areas. And in “Taking Care of Others While Taking Care of Ourselves,” the social workers and mental health professionals who had been pillars of support for others were finally able to share their personal experiences and offer support and comfort to one another.

The overwhelmingly positive response prompted the School of Social Work, the Institute for Parenting and the Center

for Health Innovation to follow up on January 11, 2013, with “The Ongoing Response to Hurricane Sandy: What’s Next?” The day of training offered attendees certification in Psychological First Aid and was attended by mental health professionals as well as emergency-service workers and even a librarian from a hard-hit community.

Ms. Many and Dr. Dickson provided the training gratis. “So many people were generous to us



Attendees at “After the Storm” learning the latest in trauma treatment

LSU Health Sciences-New Orleans, Department of Psychiatry had both worked tirelessly after Hurricane Katrina to provide services to storm victims. They recommended introducing their New York counterparts to Psychological First Aid (PFA). Developed by the National Child Traumatic Stress Network (NCTSN) and the National Center for PTSD, Psychological First Aid is considered the state-of-the-art approach for helping people cope

following Katrina,” Ms. Many said. “We wanted to pay it forward.”

## TENDING TO AREA NONPROFITS

Already reeling from the weak economy, local nonprofits now had to contend with the fact that much-needed funding would be even harder to come by, as people and foundations were opening their pockets to storm relief. While there’s no arguing the need for Sandy relief and recovery, A. Brian Leander, assistant director, the Center for Nonprofit Leadership, an organization at Adelphi’s School of Social Work, pointed out that Long Island’s other problems—hunger, homelessness, domestic violence, suicide—weren’t going anywhere.

The center moved quickly to bring in a three-hour roundtable, “Fundraising in a Post-Sandy landscape” on December 17. Developed by the United Way, the seminar provided a place for about 40 leaders of local nonprofit organizations to discuss their fundraising challenges. According to Mr. Leander, “Attendees felt the event was appropriate and highly valued.”

## KEEPING SANDY VICTIMS ON THE RADAR

The storm itself may be old news, but its impact is still felt by those in affected areas trying to rebuild their lives. The School is keeping its focus on these residents. On Lobby Day, on March 5, about 60 students attending the Hudson Valley Center went to Albany, where they met with chairs of the Bipartisan Task Force for Hurricane Sandy Recovery, according to Lyn Paul, Ph.D., LCSW, clinical assistant professor at the Hudson Valley Center. “The students were seeking to better understand their agenda and identify ways that we can become a part of the recovery team,” she said. “We also met with sponsors of the Housing New York Program Act to find out how we can better support their efforts and perhaps help make a connection between this act and hurricane recovery efforts.”

In November of 2013, Dr. Freshman is planning a conference to address the lasting impacts of the storm and will bring in Jon G. Allen, Ph.D., who will address the treatment of trauma-related disorders and depression.



Project Hope team leader Frances Alkire, M.S.W. '05, (left) and crisis counselor Lisa Tasso reach out to Sandy victims in Long Beach.

## ALUM GIVES HOPE TO SANDY VICTIMS

For Frances Alkire, M.S.W. '05, LMSW, Hurricane Sandy hit on both the personal and professional levels. The Long Beach resident went through the shock of seeing her neighborhood devastated, then learned she was furloughed from her job as a substance abuse counselor at Long Beach Medical Center when the building was closed due to Sandy.

Luckily, she was hired shortly thereafter as a team leader for Project Hope, a crisis counseling program funded through a federal grant administered by social service agencies in Sandy-impacted areas of New York State, one of which is the South Shore Association for Independent Living (SAIL) in Baldwin. Here, Ms. Alkire and Jacquelyn Dolan '08, M.S.W. '09, work as team leaders alongside program coordinator and fellow Adelphi alum Ricky Demirakos, M.A. '12, whose degree is in psychology.

Team leaders—all licensed social workers—supervise a team of counselors. Groups consisting of one leader and two counselors

canvassed the streets and knocked on doors in the Five Towns area to get the word out to residents that they were there to provide emotional support and resource referrals.

“People here are trying to get reimbursements or having their houses razed,” Ms. Alkire said. “They’re still struggling. We teach them coping and management skills and how to self-empower by connecting and relying on each other for support.” If they had prior trauma such as marital issues or substance abuse that was exacerbated by Sandy, “We’ll refer them to agencies and follow up to make sure they’re stable,” she said.

Ms. Alkire attended both Psychological First Aid workshops offered by the Department of Continuing Education. “We try to get to anything Sandy-related,” she said. “I feel very strongly about all the events [the School of Social Work offers]. They show us how to utilize our knowledge and pass it along to our staff, as well as how to support them, because doing this work takes a toll on you.”

# COMMITTED TO LIFELONG LEARNING

by Ela Schwartz

**WHEN AUDREY FRESHMAN**, Ph.D., LCSW, CASAC, came to Adelphi University last year as director of continuing education, she determined that her role would be to “bring nationally renowned speakers and training to Long Island, at an affordable price,” as she described it.

Social workers who truly want to change lives know that their educations don’t end even with an advanced degree. As the National Association for Social Workers (NASW) states, continuing education is an “essential activity for ensuring quality social work services for clients.”

So far, Dr. Freshman has introduced workshops and seminars focusing on behavioral health, trauma, eating disorders, anxiety and any other issues that social workers may be called upon to address.

With an expertise in helping people overcome substance abuse, Dr. Freshman initially focused on this topic to help therapists “deal with the massive problem of addiction” on Long Island, she said.

She’s not exaggerating. According to a Suffolk County grand jury report released in 2012, persons treated for heroin abuse increased by 425 percent and those for opioid pill abuse 1,136 percent between 1996 and 2011. The situation in Nassau County was likewise bleak. In 2011, the Nassau County Office of Substance Abuse reported that admissions for opioids and prescription drugs increased 82 percent between 2007 and 2010.

The School of Social Work’s Postgraduate Certificate in Addictions enables master’s degree-level professionals in social work and behavioral health to complete the 350 clock-hour education requirement to apply for the New York State OASAS Credential in Alcoholism and Substance Abuse Counseling

(CASAC). And the Postgraduate Certificate Program in Trauma Studies and Treatment offers practitioners the opportunity to learn the latest evidence-based trauma treatment and integrate it into their practices.

To assist professionals in further advancing their educations, Dr. Freshman formed partnerships with notable organizations such as the Menninger Clinic, an affiliate of Baylor College of Medicine; Long Island Licensed Marriage and Family Therapists; and the Caron Treatment Center, the No. 1 rehabilitation facility in the country, who were able to provide professional speakers for her events. These



Audrey Freshman, Ph.D., director of continuing education

workshops are of value not only to social workers but also to psychologists, teachers, guidance counselors and medical professionals, and she aims to bring in speakers who are physicians and psychologists. “Social work synthesizes a lot of theory from other disciplines. Education should reflect this,” she said.

## EXPLORING THE REALM OF EMERGING ADULTHOOD

Last summer, the Office of Continuing Education offered a four-day program on school-based behavioral health certification geared to the

treatment of children through high school. Each day a different topic was addressed: psychiatric disorders, suicide prevention, trauma, bullying and special populations, and children of substance abusers.

This year’s Annual Summer Institute took place on July 15–19, 2013. Dr. Freshman expanded the age range to address the behavioral-health needs of college-aged young adults and beyond. According to Pew Research analysis of Census Bureau data, the number of adults ages 25–34 living in multigenerational family households is the highest it has been since the 1950s, increasing from 15.8 percent in 2000 to 21.6 percent in 2010.

Adolescence wasn’t defined as a separate life stage until the 20th century, and now psychologists and other professionals are pointing out a new life stage, what Jeffrey Jensen Arnett, Ph.D., research professor in the Department of Psychology at Clark University, calls “emerging adulthood.” These young people, aged 18–29, are not quite adolescents nor young adults, but establishing identities and testing the waters of adulthood. Whether this stage is positive or makes parents question *When Will My Grown-Up Kid Grow Up?* as Dr. Arnett’s newly published book asks, is up for debate.

Dr. Freshman was able to secure Dr. Arnett as this year’s speaker. As increasing numbers of young adults return to the nest or delay major decisions until their late 20s or 30s, this keynote was of interest not only to professionals, but also to parents of college students in the Adelphi community and beyond.



# RECENT SOCIAL WORK FACULTY SCHOLARSHIP

School of Social Work faculty members are dedicated scholars who remain at the forefront of their profession with innovative and comprehensive research. Here are some examples of recent scholarship.

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**Altman, J.C.** (2012). Review of the book *Social Work in Africa: Exploring Culturally Relevant Education and Practice in Ghana*. CHOICE Current Reviews for Academic Libraries.

**Altman, J.C.** (2012). Review of the book *Poisonous Parenting: Toxic Relationships between Parents and Their Adult Children*. *Families in Society Online*, 93.

**Altman, J.C.** (2012). Review of the book *White Parents, Black Children: Experiencing Transracial Adoption*. CHOICE Current Reviews for Academic Libraries.

## NONREFEREED JOURNAL ARTICLES

**Paul, M.S.** (2012). "Relinquishing Embryos for Family Building: What's in a Name?" *NAPSW Forum*, 32, 11–12.

## REFERRED CONFERENCE PRESENTATIONS

**Abu-Ras, W.,** Moscato, T., and Almizar, H. Beyond the Binary: Experiences of LGBTQ Individuals of Different Ethnicities and Faith Groups." Presented at the 17th Annual Conference of the Society for Social Work and Research (SSWR), San Diego, CA, January 2013.

**Abu-Ras, W.,** Ahmed, S., and Arfken, C. "Hookah Use among Muslim U.S. College Students." Presented at the 74th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA, June 2012.

**Abu-Ras, W.,** and Hosien, S. "Assessing the Role of Religion and Spirituality in Building Resiliency among Muslim Military Personnel in the U.S. Armed Forces." Presented at the Annual Conference on Promising Practices for Healing Psychological Trauma of Service: Military, Veterans, Family, and Community. George Mason University, Fairfax, VA, May 2012.

Ahmed, S., **Abu-Ras, W.,** and Arfken, C. "Alcohol Use, Religiosity and Social Influences among U.S. Muslim College Students." Presented at the 74th Annual Meeting of the College on Problems of Drug Dependence, Palm Springs, CA, June 2012.

**Altman, J.C.** "Development within Development: The Needs of Children in One Nation's Race to First World Status." Paper presented at the International Federation of Social Workers and International Association of Schools of Social Work Conference, Stockholm, Sweden, July 2012.

**Altman, J.C.** "Social Development, Child Development: Contextualizing Corporal Punishment among Migrating Caribbean Families." Paper presented at the International Federation of Social Workers/International Association of Schools of Social Work/International Council of Social Workers World Congress, Stockholm, Sweden, July 2012.

**Araujo Dawson, B.,** and **Quiros, L.** "The Influence of Colorism on Racial Identification and Racial Identity Among Latinas." Poster presentation at the Society for Social Work and Research (SSWR) 17th Annual Conference, San Diego, CA, January 2013.

**Araujo Dawson, B., Perez, R.,** and **Suarez-Orozco, C.** "Exploring Differences in Family Involvement and Depressive Symptoms across Latino Adolescent Groups." Poster presentation at Society for Social Work Research (SSWR) 16th Annual Conference, Washington, D.C., January 2012.

Biswas, B., and **Kagotho, N.** "Women's Agency and Contraception Use: A Cross-National Comparison of Nationally Representative Survey Data in India and Kenya." Paper presented at the Society for Social Work and Research (SSWR) 17th Annual Conference, San Diego, CA, January 2013.

**Bogenschutz, M.,** Nord, D., and Hewitt, A. "Outcome Focused Training for Direct Support Professionals: A Multi-Site Controlled Evaluation of a Training and Technical Assistance Intervention for Support Providers." Paper presented at the World Congress of the International Association for the Scientific Study of Intellectual Disabilities: Halifax, Canada, July 2012.

**Cohen, C.S.,** and Kelly, T.B. Experiences of groupwork for action and impact: Special interest group for World Conference participants, International Federation of Social Workers/International Association of Schools of Social Work/International Council of Social Workers World Congress, Stockholm, Sweden, July 2012.

**Cohen, C.S.,** Balakrishnan, G., Mondros, J.B., Huss, E., Kelly, T.B., Lit, S.W., and Spelters, S. "Rethinking Alliances between Self-Help Groups and Social Workers." Presented at the International Federation of Social Workers/International Association of Schools of Social Work/International Council of Social Workers World Congress, Stockholm, Sweden, July 2012.

**Cohen, C.S.,** and Lo Re, A. "Focus Group Research in Social Work: Twenty Year Review and Challenge for Group Work." Presented at the Association for the Advancement of Social Work with Groups 34th International Symposium on Social Work with Groups, Garden City, NY, June 2012.

**Daniel, C.,** and Logie, C. "Explorations in Methodology: Unpacking the Tensions of race,

class and gender in international HIV prevention intervention research. In XIX International AIDS Conference, Washington, D.C., 2012.

**Daniel, C.,** and Logie, C. Portraits of our lives: Using photovoice to understand HIV risk among young people in Haiti. The NYU Silver Conference on Global Health and Well-Being: The Social Work Response, to be presented June 2013.

**Daniel, C.,** and Logie, C. The social and structural production of HIV risk among internally displaced youth in Leogane, Haiti. Oral presentation for the 121st Annual Convention of the American Psychological Association, Honolulu, HI, to be presented June 2013 and August 2013.

Dubin, L., Zinko, A., Moscato, T., Hamza, M., and **Abu-Ras, W.** "Beyond the Binary: Experiences of LGBTQ Individuals of Different Ethnicities and Faith Groups." Presented at Adelphi University's Ninth Annual Research Conference, "Innovation, Integration, and Imagination: Research and Scholarship in the New Millennium." Adelphi University, Garden City, NY, April 2012.

Forge, N.R., **Ream, G.L.,** and Lotz, K.V. "Sexual Risk, Testing Behaviors, and Progress of Lesbian, Gay, Bisexual, and Transgender Youth Living in a LGBT-Specific Transitional Living Program." Poster presented at the Twenty-Fourth Annual National Conference on Social Work and HIV/AIDS, Miami, FL, May 2012.

**Francoeur, R.B.** "The Role of Fever in Clarifying the Pain-Fatigue-Sleep Problems Symptom Cluster: A New Method Dramatically Lowers Multicollinearity in Biomarker/Symptom Interactions." Presented at the International Symposium on Supportive Care in Cancer of the Multinational Association of Supportive Care in Cancer/International Society of Oral Oncology, New York, NY, July 2012.

**Francoeur, R.B.** "The Role of Fever in Clarifying the Cancer Symptom Cluster of Pain, Fatigue, and Sleep Problems." Presented at the Sixty-Fifth Annual Scientific Meeting of the Gerontological Society of America, Clinical Health Section, San Diego, CA, November 2012.

**Henshaw, L., Paul, M.S., and Berger, R.** "Breaking the Barriers: Women's Lived Experience of Infertility from a Multiple Systemic Perspective." Annual Conference of the National Association of Perinatal Social Workers, Little Rock, AR, May 2012.

**Kagotho, N.K.** "Self-Disclosure of HIV Seropositivity to Community Service Providers as a Path to Household Well-Being." Paper presented at 140th APHA Annual Meeting. San Francisco, CA, October 2012.

Kim, T.K., and **Panchanadeswaran, S.** "How Social Welfare Expenditure Affects Globalization." Paper presentation at the Seventh International Conference on Interdisciplinary Social Science, Barcelona, Spain, June 2012.

Laird, L., **Abu-Ras, W.**, and Senzai, F. "Crossing Borders, Building Bridges: Muslim International Medical Graduates in the U.S." Presented at the Annual Meeting for Applied Anthropology, Society for Medical Anthropology, Baltimore, MD, March 2012.

Lance, L., **Abu-Ras, W.**, and Senzai, F. "Professing Muslims and Professional Medicine." Presented at the Inaugural National Conference on Medicine and Religion. "Responding to the Call of the Sick: Religious Traditions and Health Professions Today," Program on Medicine and Religion at the University of Chicago, Chicago, IL, May 2012.

**Lane, S.R.**, and Pritzker, S.R. "Policy and Political Field Experiences: Barriers, Opportunities, and Best Practices." Presented at the 58th Annual Program Meeting, Council on Social Work Education, Washington, D.C., November 2012.

Logie, C., **Daniel, C.**, Newman, P.A., and Loufy, M. "An HIV/STI Prevention Intervention with Internally Displaced Women in Leogane, Haiti: Results from a Grand Challenges Canada Rising Star in Global Health Pilot Study." Oral presentation for the 22nd Annual Canadian Conference of HIV/AIDS Research, Vancouver, Canada, April 2013.

**Paul, M.S.** "An Integrated Model for Infertility Treatment." Presented at "Bridging the Research and Practice Gap: A Symposium on Critical

Considerations, Successes and Emerging Ideas," University of Houston Graduate College of Social Work, Houston, TX, April 2013.

**Paul, M.S., Berger, R.,** Blyth, E.D., and Frith, L.J. "Relinquishing embryos for family building: What's in a name." 36th Annual Conference of the National Association of Perinatal Social Workers, Little Rock, AR, May 2012.

**Panchanadeswaran, S.,** Hwahng, S.J., and Chacko, S. "The Complexity of Negotiating HIV Risk in Commercial and Non-Commercial Relationships: Experiences of Female Sex Workers in India." Presented at the International AIDS Conference, Washington, D.C., July 2012.

**Quiros, L.** Caribbean Latinas: Race & Belonging. In Caribbean Studies Association: Unpacking Caribbean Citizenship(s): Rights, Participation and Belonging. Presented at the Caribbean Studies Association 37th Annual Conference, Le Gosier, Guadeloupe, May-June 2012.

**Ream, G.L.,** Forge, N.R., and Lotz, K.V. "Theory, Ideology, Practicality, Validity, Reality: Homeless LGBT Youth Services' Ecological Systems." Paper presented at the 2012 Summit on the Science of Eliminating Health Disparities, National Harbor, MD, December 2012.

**Rozario, P.A.** "Does Social Support Predict Self-Rated Health of Urban and Rural Black Informal Women Caregivers?" Poster presented at the Gerontological Society of America's 65th Annual Scientific Meeting, San Diego, CA, November 2012.

White, R., Cronin, B., Tull, T., and **Cohen, C.S.** "Partnering for Change: Housing Solutions for Child Welfare." In-person session and webinar presented at the 18th National Conference on Child Abuse & Neglect, Washington, DC, April 2012.

Yoon, S., and **Kim, T.K.** "Understanding the Role of Social Support in Relation to Parenting Stress and Risk of Child Maltreatment Among Asian American Immigrant Parents." Paper presentation at One Child, Many Hands Conference, Philadelphia, PA, to be presented June 2013.

## INVITED PRESENTATIONS

**Abu-Ras, W.** "Spirituality and Religion in Trauma." Annual Convention Cultural Competency Training Center's (CCC) Annual Convention on Trauma. Atlantic City, NJ, to be presented June 2013.

**Abu-Ras, W.** "Treatment of Muslim Americans in Clinics and Schools." Presented at the 9th Annual Cultural Conference: Cultural Awareness and Action in Clinics and Schools. Rutgers University, Piscataway, NJ, October 2012.

**Abu-Ras, W.** "Training Imams, Chaplains and Community Leaders as Mental Health Workers." Presented at the Fourth Annual Meeting of the Muslim Mental Health Conference, Michigan State University Club, Lansing, MI, October 2012.

**Abu-Ras, W.** "Spiritual Services and Mental Health Issues." Presented at the 49th Annual Convention of the Islamic Society of North America. Washington, D.C., August 2012.

**Abu-Ras, W.**, and Husien, S. "Muslims in the US Armed Forces: Religion and Spirituality in Building Resiliency." Presented at the monthly Diversity Dialogue, Adelphi University, School of Social Work, New York, NY, April 2012. .

**Abu-Ras, W.** "Developing Chaplains and Imams: Best Practices Through Research." Presented at the Association of Muslim Chaplains, the International Institute of Islamic Thought and the Islamic Seminary Foundation's conference "In-service Training for Chaplains and Imams," Yale University, New Haven, CT, March 2012.

**Francoeur, R.B.** "Validating Psychometric Measures as Abuse Potential Signals to Inform a Shorter Drug Safety Questionnaire: A Proposed Study of Adverse Events and Clusters That Simultaneously Predict a Psychometric Scale and Unique Variation in Scale Items." Presented for the Teleconference of the Cross-Company Abuse Liability Consortium, February 2012.

**Francoeur, R.B.** "Validating Psychometric Measures as Abuse Potential Signals to Inform a Shorter Drug Safety Questionnaire: A Proposed Study of Adverse Events and Clusters That Simultaneously Predict a

Psychometric Scale and Unique Variation in Scale Items." Presented for Teleconference of the Pfizer Neuropsychiatry and Abuse Potential Advisory Council, May 2012.

**Lane, S.R.** "Crafting a Campaign Message; Working on a Campaign." University of Connecticut School of Social Work 14th Annual Campaign School, West Hartford, CT, April 2012.

Moscato, T., and **Abu-Ras, W.** "Discrimination, Stigmatization, and Mental Health Issues Among Ethnic, Racial, and Religious Minority Groups within the LGBTQ Community." Presented at the annual convention of the Muslim Progressive Organization, New York, NY, July 2012.

Olsen, J., Abell, N., **Cohen, C.S.**, and Banerjee, M. M. "Resources for Global Learning: Introducing Online Modules for Teaching across the Curriculum." Council on Social Work Education Annual Program Meeting, Washington, D.C., November 2012.

**Zodikoff, B.** "Social Work Practice with Lesbian, Gay and Bisexual Older Adults." Jewish Association Serving the Aging (JASA), Long Island District, Mineola, NY, September 2012.

**Zodikoff, B.** "Older Adults: Access to Mental Health Services." Presented for Gerontology Professionals of Long Island at the Nesconset Center for Nursing and Rehabilitation, February 2013.

## FELLOWSHIPS, POLICY BRIEFS AND REPORTS

**Abu-Ras, W., Laird, L., and Senzai, F.** (October 2012). A Window into American Muslim Physicians: Civic Engagement and Community Participation: Their Diversity, Contributions & Challenges: A study report submitted to the Institute of Social Policy and Understanding ([www.ISPU.org](http://www.ISPU.org)).

**Arfken, C., Ahmed, S., and Abu-Ras, W.** (March 2013). Under the Influence: Alcohol use among Muslim college students. A Study report submitted to the Institute of Social Policy and Understanding.

[http://www.ispu.org/content/Under\\_the\\_Influence\\_Alcohol\\_Use\\_Among\\_Muslim\\_College\\_Students#sthash.edqKpdHv.dpuf](http://www.ispu.org/content/Under_the_Influence_Alcohol_Use_Among_Muslim_College_Students#sthash.edqKpdHv.dpuf)

**Berger, R.** (2012) NATO Science for Peace and Security Programme Advanced Research Workshop on applying evidence-based training to disseminate effective services for trauma survivors. Amsterdam, April 25–26, 2012.

**Cohen, C.S.**, Fulbright Specialist Grantee (2012), collaboration with Hong Kong Polytechnic University.

**Hong, S.I., Rozario, P.A., and Ho, A.** (December 2012). Multi-cultural determinants of help-seeking behaviours among multi-ethnic caregivers in Singapore [Final Report]. Submitted to Asian Women's Welfare Association to fulfill requirements of VCF Social Service Research Grant awarded by the Singapore National Council of Social Service.

## GRANTS

**Araujo Dawson, B., and Joyce, P.** (2013). Adelphi Technology Grant (2013). Technology grant. To develop and evaluate online courses for Adelphi School of Social Work. \$3,100.

**Chernack, P.** (2012). Hagedorn Foundation, Funding implementation and evaluation of Building for Change, an innovative model for building the capacity of nonprofit social justice organizations. \$320,000.

**Chernack, P.** (2012). Long Island Community Foundation. Funding to support "Side by Side" —an innovative model of capacity building. \$40,000.

**Chernack, P.** (2012). Long Island Unitarian Universalist Fund. Funding to support "Side by Side"—an innovative model of capacity building. \$40,000.

**Chernack, P.** (2012). Allstate Foundation. To engage domestic violence serving organizations in strategic planning and design of a marketing plan. \$25,000.

**Chernack, P., and Thigpen, A.** (2012). JPMorgan Chase Foundation. Funding various leadership development initiatives. \$50,000.

**Daniel, C.** (2013). Efficacy of a community health-worker delivered HIV/STI prevention intervention for internally displaced women in Leogane, Haiti. A 12-month follow-up for an N-of-1 pilot study. Faculty Development Grant. \$4,794.

**Kagotho, N., Adelphi University** (2012), Faculty Development Grant. \$4,500.

Umbele: Long Term Planning for Families Impacted by HIV/AIDS.

**Labruna, V., and Habib, M.** (2012). Institute for Adolescent Trauma Training & Treatment at Adelphi University's School of Social Work. The Institute, a SAMHSA-funded center within the National Child Traumatic Stress Network (NCTSN), is focused on improving the provision of trauma-informed services to children and adolescents through training and workforce development. \$1,600,000 (for four years).

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. New York State Department of Health. \$300,000.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. New York State Legislative Grant. \$2,500.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Nassau County Community Block Grant. \$25,000.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Komen Greater New York City. \$96,870.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Long Island Two Day Breast Cancer Walk. \$37,500.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Manhasset Women's Coalition Against Breast Cancer. \$10,000.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Alpern Family Foundation. \$10,000.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Leviton Family Foundation. \$10,000

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Nassau County Women's Bar Foundation. \$17,500.

**Rutter, H.** (2012). Adelphi New York Statewide Breast Cancer Hotline & Support Program. Panera Bread. \$8,500.



## UPCOMING POSTGRADUATE PROGRAMS OFFERED AT THE **ADELPHI UNIVERSITY SCHOOL OF SOCIAL WORK**

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**"Attachment and Mentalizing in Plain Old Therapy: Treating Trauma and Its Existential-Spiritual Impact"**

Friday, November 22, 2013

Jon G. Allen, Ph.D.

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