THE SCHOOL OF SOCIAL WORK

For more than 60 years, the Adelphi University School of Social Work has prepared social work practitioners dedicated to improving the lives of individuals, families, groups and communities. Through its varied degree programs, continuing education and professional development activities and diverse university-community partnerships, the School has been a driving force for ethical social work practice and service delivery, as well as a strong advocate for social justice.

The Adelphi University School of Social Work is proud to provide a community of professional learning for students, alumni and colleagues from the public and private sectors. We sponsor a broad range of topics to meet the interests of a diverse interdisciplinary audience. With these goals in mind, please feel free to share your ideas and suggestions for future programming and speakers.

- We recognize that it is often difficult to stay connected. Please join our online community through Facebook and Twitter.
- Our faculty is available to offer in-service training on a wide range of subjects.

For more information, contact:
Audrey Freshman, Ph.D.
Director of Continuing Education and Professional Development
516.877.4339 or afreshman@adelphi.edu

"ON THE SPECTRUM FROM AUTISM TO ASPERGER’S: SUCCESSFUL CLINICAL/FAMILY/SCHOOL-BASED BEHAVIORAL TREATMENT APPROACHES"

Lauren Moskowitz, Ph.D.

FRIDAY, FEBRUARY 22, 2013 • 9:00 A.M.–4:00 P.M.
ALUMNI HOUSE • 6 CEUs

Spectrum disorders have received a great deal of attention recently due to anticipated changes in the DSM-V. Nonetheless, problem behaviors—including aggression, self-injury, tantrums and destructive, disruptive and stereotypical behaviors—remain a common concern for individuals with autism spectrum disorders (ASD), Asperger’s syndrome and other developmental disabilities. In fact, problem behavior is one of the leading causes of institutionalization, placement in segregated classrooms, social rejection, isolation and exclusion from neighborhood schools. Research has demonstrated that Positive Behavior Support (PBS), which uses the principles of applied behavior analysis, can foster new skills to reduce these behaviors and improve quality of life.

Participants will learn to a) prevent the problem behavior from occurring by altering a setting event or antecedent (e.g., prevention strategies), b) provide a response alternative (e.g., replacement strategies) or c) change a consequence (e.g., response strategies) across clinical, family and school-based settings. Newly revised changes to the DSM-V will be addressed.

Lauren Moskowitz, Ph.D., is a clinical psychology postdoctoral fellow at the NYU Child Study Center who specializes in the assessment and treatment of problem behaviors and anxiety disorders in children with autism spectrum disorders and other developmental disabilities, as well as neurotypical children. Dr. Moskowitz is a professor and trainer and has also co-authored several papers and book chapters on assessment and intervention in ASD, fragile X syndrome and Down syndrome.
The goal of this training is to describe Seeking Safety, an evidence-based treatment for simple, complex and chronic post-traumatic stress disorder (PTSD) and/or substance abuse in adults and adolescents. It is established as an effective model for adults, and thus far it is also the only model designed for PTSD and substance abuse that has shown positive outcomes with adolescents. Content will cover a) background on trauma and substance abuse (rates, presentation, models and stages of treatment, clinical challenges) and b) implementation of Seeking Safety (overview, evidence base). Assessment tools and community resources are also described. By the end of the training, participants can implement Seeking Safety in their settings. Learning methods include PowerPoint, video, exercises and discussion. Content reflects evidence level A according to the levels established by the Association for Healthcare Research and Quality.

Learning objectives:

- Review research and clinical issues in treating trauma and substance abuse in adults and adolescents
- Increase empathy and understanding of trauma and substance abuse
- Describe Seeking Safety, an evidence-based model for trauma and/or substance abuse
- Provide assessment and treatment resources for Seeking Safety

Adelphi University is proud to cosponsor this event with the Long Island Licensed Marriage and Family Therapists.

A book signing will accompany this event.

Lisa Najavits, Ph.D., is a professor of psychiatry at Boston University School of Medicine, a lecturer at Harvard Medical School, a clinical psychologist at VA Boston and a clinical associate at McLean Hospital. She is the developer of Seeking Safety and the author of the books Seeking Safety: A Treatment Manual for PTSD and Substance Abuse (2001) and A Woman’s Addiction Workbook: Your Guide to In-Depth Healing (2002), as well as more than 140 professional publications.
“ATTACHMENT STYLE AND ADDICTIONS TREATMENT: OPPORTUNITIES AND CHALLENGES TO RESTORING MENTALIZING”
FRIDAY, APRIL 12, 2013 • 9:00 A.M.–12:00 P.M.
ALUMNI HOUSE
5 CEUs—SPECIAL RATE: $85.00 FOR BOTH MORNING AND AFTERNOON SESSIONS (SEATING IS LIMITED.)

Addiction can be reframed as an attachment disorder induced by a person’s misguided attempt to self-regulate emotional states that result from early environmental deficits and trauma in the creation of the psychic structure. Substance abuse as a reparative attempt only leads to a cycle of further deterioration in self-care and capacity for mentalizing with consequent psychic suffering. For more than 25 years, The Menninger Clinic, an affiliate of Baylor College of Medicine, has helped professionals who have trouble managing their work and personal relationships due to psychiatric disorders and/or addictions. This workshop will review the basic patterns of secure and insecure attachment within this population and explore the link between attachment security and mentalizing. Case examples will demonstrate how mentalizing can be restored in the context of interventions that target attachment styles.

SPECIAL EVENT: PSYCHODYNAMIC VIEWS OF ADDICTIVE DISORDER

PART 1: MORNING SESSION

MICHAEL GROAT, PH.D., AND JAMES SARGENT, LCDC

Michael Groat, Ph.D., is director of the Professionals in Crisis Program, The Menninger Clinic, and assistant professor of psychiatry and behavioral sciences, Baylor College of Medicine. He has published on mentalizing and attachment and spoken nationally on their application to clinical practice. Dr. Groat is the Menninger site lead clinician/research interviewer for DSM-V field study and has won numerous honors and awards for his contribution to the field.

James Sargent, LCDC, has been a member of the team of the Professionals in Crisis Program at The Menninger Clinic for more than 15 years. During this time, he has worked with hundreds of professionals around issues of addiction, trauma and attachment insecurity, and he uses an attachment-informed perspective in his 12-step work.

Sponsored by Menninger
“ADDICTION: WHY ARE SOME OF US MORE VULNERABLE THAN OTHERS?”
FRIDAY, APRIL 12, 2013 • 1:00 P.M.–3:00 P.M.
ALUMNI HOUSE
5 CEUs—SPECIAL RATE: $85.00 FOR BOTH MORNING AND AFTERNOON SESSIONS
(SEATING IS LIMITED.)

This is an opportunity to hear one of the true masters of psychological theory, Edward Khantzian, M.D., discuss the psychodynamic theory of addictive disorders. Modern neuroscientific approaches have made enormous strides in mapping and documenting what addictive drugs do to the brain. Although many of the investigators involved in such studies are well established as psychiatric and psychological investigators, they often invoke reward and the pleasure pathways to explain the appeal of addictive drugs. Yet, addictive vulnerability has less to do with reward and pleasure and more to do with psychological suffering. As humans, we face lifelong challenges to regulate our emotions, self-esteem and relationships. Addictive drugs interact with the pain and distress these challenges can produce. This presentation will review self-medication theory and foster understanding of addiction as a human process.

A book signing will accompany this event.

EDWARD KHANTZIAN, M.D.
Edward Khantzian, M.D., is associate chief emeritus of psychiatry, Tewksbury Hospital, and a clinical professor of psychiatry at Harvard Medical School at Cambridge Health Alliance, as well as the president and chairman, board of directors, for Physician Health Services of the Massachusetts Medical Society. Dr. Khantzian is also a world-renowned author, speaker and theorist in the field of addiction. His most recent book is entitled Treating Addiction as a Human Process. He co-authored Addiction and the Vulnerable Self: Modified Dynamic Group Therapy for Substance Abusers and Understanding Addiction as Self Medication: Finding Hope Behind the Pain.

Adelphi University is proud to cosponsor this event with The Dunes East Hampton.

SPECIAL EVENT: PSYCHODYNAMIC VIEWS OF ADDICTIVE DISORDER
PART 2: AFTERNOON SESSION
Close to one fifth of the population suffers from some form of anxiety disorder. A number of evidence-based treatment protocols have been developed to treat these disorders—often with a success rate that is equal to, or better than, medication. The challenge that many therapists face today involves investing in the tremendous amount of time, effort and cost that it would take to learn how to administer each of these protocols separately. Fortunately, many of these protocols are built on a set of core cognitive-behavioral principles that target the common mechanisms involved in perpetuating the disorders.

In this interactive workshop, participants will learn the three essential ingredients that are included in all CBT protocols for anxiety disorders. An overview of current theory and research supporting the application of CBT will be presented, including the latest evidence on the impact of combining CBT with medication in the treatment of anxiety disorders. Examples of how to implement these ingredients will be demonstrated using role-plays, video clips and any case material that attendees wish to offer.
LICENSED MASTER OF SOCIAL WORK TEST PREPARATION
The Adelphi School of Social Work provides an 11-hour, five-week course in preparation for the LMSW exam. The course incorporates at-home and online study guides, including diagnostic and full-length practice exams, with classroom instruction. For more information, contact Lori Letzler at letzler@adelphi.edu or call 516.877.4390.

THE IDENTIFICATION AND REPORTING OF CHILD ABUSE AND MALTREATMENT FOR MANDATED REPORTERS (ONLINE COURSE)
Adelphi University is an approved provider of the New York State mandated course for the training of all mandated reporters. Learn the course material, register and take the test. For more information, visit socialwork.adelphi.edu/childabusemodule.

ALUMNI AND FRIENDS DAY
Join our friends and alumni for a full day filled with a morning lecture and afternoon workshops.
FRIDAY, MAY 3, 2013
Cost: $15.00 (Fee will be donated to the Adelphi School of Social Work Hurricane Relief Fund.)
This year we will continue to focus our workshop series on fostering mental health provider response to trauma and disaster in the wake of Hurricane Sandy. We will also be presenting the Richard Lodge Prize. Named for the late Dr. Richard Lodge, a leading social work educator and Adelphi University professor, the award honors individuals for their outstanding contributions to the development of the social work profession. Breakfast and lunch will be included with the program.

NINTH INTERNATIONAL INTERDISCIPLINARY CONFERENCE ON CLINICAL SUPERVISION
WEDNESDAY, JUNE 12–FRIDAY, JUNE 14, 2013
The Ninth International Interdisciplinary Conference on Clinical Supervision is devoted to clinical supervision theory, practice and research. The conference provides an opportunity for social workers, psychologists (school, counseling, clinical), nurses, marriage and family therapists, substance abuse counselors, counselor educators, speech therapists, occupational therapists, rehabilitation counselors and other mental health professionals and educators to examine current issues in clinical supervision research and practice within and across professional disciplines. Join us for plenary sessions, workshops, roundtable discussions, poster sessions and evening networking dining events.

SUMMER INSTITUTE
MONDAY, JULY 15–FRIDAY, JULY 19, 2013
The Eighth Annual Summer Institute will offer participants advanced intensive training in current and innovative areas of clinical practice. Consistent with the School’s policy of bringing national experts to Long Island, the Summer Institute provides a unique context for advancing your professional knowledge and practice.

LET ADELPHI HELP PREPARE YOU FOR YOUR PROFESSIONAL EXAMS

MARK YOUR CALENDAR
REGISTRATION INFORMATION
Check-in and online registration begin at 8:30 a.m. All programs begin promptly at 9:00 a.m. Continental breakfast is included. All workshop events will take place at the Alumni House at 154 Cambridge Avenue, Garden City, NY 11530, or the Ruth S. Harley University Center on campus.

Online: To register online with a credit card, visit socialwork.adelphi.edu/conted.

By mail: Complete and mail the registration form along with a check. If your employer is paying the fee and you cannot send the payment with your registration form, please include a letter guaranteeing payment.

REGISTRATION INFORMATION

CREDENTIALING INFORMATION AND CONTINUING EDUCATION
Continuing Education credits are available for the following disciplines:

Social workers: Continuing education units for social work are given through the New York State Chapter of the NASW.

Psychologists: Adelphi University School of Social Work is an approved provider of APA continuing education credits. The School of Social Work maintains responsibility for the program and its contents.

CASAC training hours: Program information has been submitted for approval to the New York State Office of Addiction and Substance Abuse Services Education and Training for six hours toward earning or re-credentialing for CASAC.

Educators: Educators may receive Professional Development Program hours at the discretion of their schools.

Nursing contact hours: Adelphi University School of Nursing is an approved provider of APN continuing education credits. The School of Social Work maintains responsibility for the program and its contents.

Certificates of attendance will be issued at the end of each workshop.

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Name ____________________________
Address ____________________________
City, State, ZIP ____________________________
Telephone ____________________________
Email ____________________________

“The Spectrum from Autism to Asperger’s: Successful Clinical/Family/ School-Based Behavioral Treatment Approaches”
Friday, February 22, 2013
6 CEUs
Lauren Moskowitz, Ph.D.
$115.00 Regular fee
$105.00 Early registration
$95.00 Current field instructor
$50.00 Student rate

“Seeking Safety: An Evidence-Based Practice for Trauma and/or Substance Abuse”
Friday, March 22, 2013
5 CEUs
Lisa Najavits, Ph.D.
$135.00 Regular fee
$125.00 Early registration
$65.00 Student rate

“Don’t Panic About Treating Anxiety Disorders! The Three Core Cognitive Behavioral Interventions That Every Clinician Should Know!”
Friday, April 26, 2013
6 CEUs
Simon A. Rego, Psy.D. ABPP, ACT
$115.00 Regular fee
$105.00 Early registration
$95.00 Current field instructor
$50.00 Student rate

Special Event: Psychodynamic Views of Addictive Disorder
Morning and Afternoon Sessions
Friday, April 12, 2013
5 CEUs
Michael Gross, Ph.D., James Sargent, LCDC, and Edward Kilaban, M.D.
$85.00 (Special rate—seating is limited, first come, first served basis)

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Online: To register online with a credit card, visit socialwork.adelphi.edu/conted.

By mail: Complete and mail the registration form along with a check. If your employer is paying the fee and you cannot send the payment with your registration form, please include a letter guaranteeing payment.

Please make checks payable to:
Adelphi University | School of Social Work | One South Avenue
P.O. Box 701 | Garden City, New York 11530-0701

Should you require disability accommodations, please email DSS@adelphi.edu, giving notice of 72 hours before the event. Should you require ASL interpreting, seven days’ notice is required.

DISCLAIMER
This Planning Committee reserves the right to cancel or reschedule any workshop for any reason. Registrants will be notified and full refunds will be issued if there is a cancellation.

REGISTRATION FORM

(Please print clearly.)

Name ____________________________
Address ____________________________
City, State, ZIP ____________________________
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