

**ADELPHI UNIVERSITY  
SCHOOL OF SOCIAL WORK  
HUDSON VALLEY PROGRAM  
Agency Descriptions**

**Abilities First, formerly known as Rehabilitation Programs** **Poughkeepsie, NY**

This agency has been serving the developmentally disabled and physically disabled population for many years. They provide educational programs for children and vocational programs for adults including a sheltered workshop. Students perform the tasks of social workers such as counseling individuals and their families and providing case management services.

**Arms Acres** **Carmel, NY**

In-Patient and Out-Patient treatment program for individuals with alcohol and/or substance abuse addiction. Assignments include group therapy and some individual psychotherapy. May have some evening hours.

**Astor Adolescent Day Treatment** **Poughkeepsie, NY**

Setting is a special education program staffed by BOCES. Youngsters 12-21 who have psychiatric diagnoses and behavioral problems are referred by their school districts. Secondary disorders include learning disabilities, substance abuse, etc. Psychotherapy is a major component of the program. Outreach and treatment for families is another component as well as group. Participation in an inter-disciplinary team is expected.

**Astor Alternative School and Counseling Center** **Poughkeepsie, NY**

Alternative middle/high school serving youngsters 12-21 at risk of dropping out of school or facing failure. BOCES conducts the classroom programs and Astor provides a range of psychotherapeutic and support services. Social work functions include individual, group and family therapy, participation in interdisciplinary team, assessment and some case management.

**Astor Counseling Centers** **Poughkeepsie, Beacon, Rhinebeck, NY**

These clinics are out-patient mental health units, providing services to children, youth, and families under contract with the county Department of Mental Health. Services consist of diagnostic assessment, individual, family, and group therapy; case management and coordination with other community agencies. Agency prefers second year students. Students are assigned a variety of cases.

**Astor Intensive Home Based Services** **Poughkeepsie, NY**

This service is comprised of five separate programs which serve youth under 18 and their families. Typical intervention is 4-6 weeks and services are delivered in the home. Student carries a few cases and offers a psycho-educational and therapeutic service to families. Students work with a highly skilled inter-disciplinary team. Student may co-facilitate a parenting group.

**Astor Home for Children, Residential Treatment Facility** **Rhinebeck, NY**  
Students in this setting will provide a variety of mostly case management services to the children in this residence and their families. Some Family Court work may be included and discharge planning. The children in this institutional setting are likely to have been abused or neglected prior to the placement and serious mental health problems and the need for extensive services prevent them from being in individual foster homes.

**Benedictine Hospital Oncology** **Kingston, NY**  
Fern Feldman Anolick Breast Center. The center provides a wide range of psycho-social services to women who have been diagnosed with cancer. The program is open to all female cancer patients and their families. The program includes individual, family, and group counseling as well as educational, recreational, and volunteer opportunities. Community outreach is a feature of the program.

**Catholic Charities Community Services** **Goshen, Middletown, Monroe, Newburgh, Walden**  
This agency provides the county with OASAS services to individuals with alcohol and chemical addictions. They also have contracts with the Orange County Dept. of Social Services Children's Unit and Public Assistance. Clinic sites are located throughout the county.

**Children's Home of Kingston** **Kingston, NY**  
This is a residential facility for children with serious problems, often having been abused and/or neglected, that prevent them from being placed in individual foster homes. Children are placed by the Departments of Social Services and approved by the Family Courts of the counties. Students provide case management services as well as counseling to the children and their families.

**Children's Home of Poughkeepsie** **Poughkeepsie, NY**  
This is a residential facility for children with serious problems, often having been abused and/or neglected, that prevent them from being placed in individual foster homes. Children are placed by the Departments of Social Services and approved by the Family Courts of the counties. Students provide case management services as well as counseling to the children and their families.

**Columbia County Department of Mental Health** **Hudson, NY**  
Public Community mental health agency in a mostly rural county provides services to children and adults. Individual, marital, family, and group therapy utilizing various modalities is available to students. There is much interaction with the other mental health disciplines within this small agency which employs approximately 35 professionals.

**Devereux Foundation** **Red Hook, NY**  
This is a residential facility for young adults with developmental disabilities. Students are able to provide individual counseling, group therapy, and case management services.

**Dutchess County Department of Mental Hygiene** is a large community mental health program. Services vary and are designed to cover a variety of needs arising from mental health problems. All student interns meet weekly or biweekly for in-service training. Student placements may include the following units:

**-Continuing Treatment Centers**

**Poughkeepsie, Rhinebeck, NY**

Day programs for individuals with psychiatric diagnoses. Students co-facilitate groups and do some individual psychotherapy. Clients are usually at the centers for extended periods of time.

**-Forensic Services and ITAP for Individuals with Alcohol and Chemical Dependency**

**Poughkeepsie, NY**

Cases are referred by the court systems for counseling as an alternative to sentencing. Students have the opportunity to gain knowledge about the court system and provide counseling services to this population. ITAP provides individual and group therapy to individuals who may not have been referred by the courts.

**-Special Services for Individuals with Mental Illness and Developmental Disabilities**

**Poughkeepsie, NY**

Counseling and case management services are provided by students.

**-Partial Hospitalization Unit**

**Poughkeepsie, NY**

This unit provides a structured therapeutic day treatment setting for Dutchess County residents experiencing acute dysfunction due to psychiatric difficulties. Within the unit, treatment is time-limited and work is part of a “milieu” therapy coordinated with an inter-disciplinary treatment team. Assignments include on-going assessment, individual counseling, and considerable group work designed to help clients with inter-personal problems, managing their illness and functioning in the community. Assessment of “concrete needs” takes place with referral to the case management unit.

**Elant at Wappingers**

**Wappingers Falls, NY**

This is a skilled nursing facility which provides both long-term care and rehabilitation services. Students have the opportunity to do individual counseling, family counseling, groups, psychosocial assessments, case management, discharge planning, and serve on inter-disciplinary teams and committees.

**Family Services of Mid-Hudson and Harlem Valleys**

**Poughkeepsie, NY**

Family Services is a private, voluntary agency providing counseling and some case management services in various programs such as: the Crime Victims Assistance Program which offers counseling and advocacy as well as a 24 hour hotline; the RISC Program for perpetrators of abuse and domestic violence; the Supervised Visitation Program for parents who do not have custody of their children; and the Prevention Connections Program in Kingston, NY.

**Fishkill Correctional Facility/Mental Health Unit**

**Beacon, NY**

This is a maximum security prison for men. Students have the opportunity do counseling, assessments, case management, and some group work.

**Grace Smith House****Poughkeepsie, NY**

Grace Smith House is a shelter for women and children who are victims of domestic violence. The capacity varies from 17-20. Services offered include crisis intervention, short-term counseling, group support, conflict resolution, parent education, assessment, referral and advocacy. Clients often have multi-problems, are victims of incest, rape, drug addiction and/or early childhood trauma and reflect various socio-economic, racial, and ethnic backgrounds.

**Green Chimneys****Brewster, NY**

This agency provides a variety of services to children including residential/foster care, after school programs, counseling, family services, and preventive services to children at risk of foster care placement.

**Highland Central School District****Highland, NY**

Students in this placement do school social work in the middle and high schools in this small district. Assignments may include services as required by children's Individual Educational Plans, individual counseling, group work, family work, case management, and other related services.

**Horton Family Program for Alcoholism/Chemical Dependency****Middletown, NY**

The Horton Family Program for Alcoholism and Chemical Dependency offers an intensive outpatient treatment program for both chemically dependent and codependent adolescents and adults. Primary care involves education on the disease, 12-steps, self-help, individual counseling followed by group therapy. Assignments include psycho-social assessments, treatment planning, individual counseling, group work including orientation, educational and treatment groups. Twelve week aftercare recovery groups are also offered for men, women, codependents, and adolescents.

**Horton Hospital****Middletown, NY**

This community based hospital offers assignment in a regional oncology center providing diagnostic and treatment services to cancer patients and families. Assignments include psycho-social assessment, supportive counseling, discharge planning and case management services. Inter-disciplinary collaboration is a major component. Group work with caregivers is offered.

**Hospice of Dutchess/Ulster Counties****Dutchess and Ulster Counties**

Comprehensive services are provided to the terminally ill and their families. Services are provided in homes, hospitals, and nursing facilities. Opportunities for students include individual, family and group counseling, multi-disciplinary team work, and case management.

**Hospice of Orange/Sullivan Counties****Orange and Sullivan Counties**

Comprehensive services are provided to the terminally ill and their families. Services are provided in homes, hospitals, and nursing facilities. Opportunities for students include individual, family and group counseling, multi-disciplinary team work, and case management.

**Hudson River Health Care****Peekskill, NY**

This agency is a community based comprehensive health care provider. Sites are located in various Mid-Hudson Valley counties. Student placements are at those sites where social work services are provided, such as individual, family, and group counseling, and case management. Main office is in Peekskill.

**Hudson River Psychiatric Center/ACT****Poughkeepsie, NY**

The ACT team is multi-disciplinary and provides services to the seriously mentally ill population. Services are provided to individuals who live in the community and where the individuals are located. The service provision is guided by the needs of the individuals, not necessarily by traditional methods, and can include counseling, medication, case management, and other health services. Wellness services are also used when appropriate.

**Hudson River Psychiatric Center/ Pine Grove Center****Kingston, NY**

This site is a day program for seriously mentally ill individuals. Students have the opportunity to do individual and group counseling as guided by assessments and diagnoses.

**Hudson Valley Mental Health****Beacon, Dover Plains, Millbrook,  
Poughkeepsie, Rhinebeck, NY**

These out-patient community mental health clinics located in Dutchess County provide services as required by the NYS Department of Mental Health and contracted with the Dutchess County Department of Mental Health. Individual, family, and group therapy are all provided to adults.

**Institute for Urban Family Health****Hyde Park and Kingston, NY**

The main office of this agency is located in NYC. The locations locally provide health services along with social work services as requested or recommended by the medical providers. Individual, group, and family counseling as well as case management services may be provided by students.

**Jewish Family Services of Orange County****Middletown, NY**

A small non-for-profit agency provides social work services to primarily adults and older adults. Some services are provided in homes. Individual, family, group counseling, supportive services and case management are provided. Students have the opportunity to be part of group supervision with experienced social workers.

**Kingston Hospital First Step Program****Kingston, NY**

This is a hospital based alcohol and substance abuse program providing both in-patient and out-patient services. Students provide individual and group counseling, and other appropriate services to both addicted populations.

**McQuade Emergency Diagnostic Shelter****New Windsor, NY**

The setting is a short term facility for children and adolescents referred by DSS, courts, etc. for intensive assessments. An interdisciplinary team conducts a thorough psycho-social assessment and develops a specific set of recommendations. Students complete an assessment of the child and family and offer short term casework. Students run groups, interact with Family Court and community agencies.

**Mental Health Association/Dutchess County****Poughkeepsie, NY**

This non-government agency provides advocacy and supportive programs and services to the mentally ill adult population. The **Case Management Unit** is staffed by some professional social workers who also provide supervision to students. Students mostly provide case management and counseling to individuals living in the community.

**New Milford Health and Rehabilitation Center****New Milford, CT**

This is a skilled nursing facility which provides both long-term and rehabilitation services. Students have the opportunity to do individual counseling, family counseling, groups, psychosocial assessments, case management, discharge planning, and serve on multi-disciplinary teams and committees.

**New Paltz School District****New Paltz, NY**

This is a school district located in a town with a large college population. As school social workers students are placed in the middle or high school. Assignments may include services as required by children's Individualized Educational Plans, individual counseling, group work, family contacts, case management, and other related services.

**Occupations, Inc.****Middletown, NY**

This private, non-profit human service agency provides services to both mentally ill and developmentally disabled in Orange County, as contracted with the Orange County Department of Mental Health. Programs may range from residential to vocational to an array of clinical services and case management. Three out-patient mental health clinics are located in the larger communities in this county.

**Orange/Ulster BOCES****Goshen, NY**

Covering both counties, this is a very large BOCES with a main center in Goshen and with individual classrooms in districts throughout the two counties. A very broad range of specialized programs are provided to children with different educational needs. Students provide school social worker services as required, depending on the specific needs of the children they are working with.

**Orange County Department of Mental Health****Middletown and Port Jervis, NY**

Both of these clinic sites serve the county population of all ages. Students have the opportunity to do individual and some family and group therapy. They participate in staff meetings and other interdisciplinary meetings as available at the different sites.

**Orange County Department of Social Services****Goshen, NY**

The Children's Services Unit of this government agency provides placements for students. They work in preventive services with children and families, to provide case management and counseling services to prevent the need for foster care.

**Orange Regional Medical Center, Arden Hill Campus****Goshen, NY**

This medical facility provides both in-patient and out-patient mental health services. Students have the opportunity to do evaluations, psychosocial assessments, individual and group therapy, and are on multi-disciplinary treatment teams.

**Parsons Child and Family Center****Albany, NY**

This agency provides a residential facility for children and community based services. Students in this setting provide services, such as case management and counseling, to children and their families to carry out short-term and long-term plans for treatment and for the eventual return of children to their families, for adoption, or for eventual independent living.

**Poughkeepsie City School District****Poughkeepsie, NY**

This school district services children in a community of both ethnic and economic diversity. The social workers in the schools are responsible for providing both individual and group counseling, as well as for developing and implementing community-action programs.

**Putnam Family and Community Services, Inc.****Carmel, NY**

This Putnam County Department of Mental Health contract agency provides a broad range of mental health services to residents of the county. Student assignments include providing psychotherapy to a caseload consisting of adults, children, couples and/or families. Group work may be available. A mobile mental health team, a continuing treatment program, and other specialized programs may also be available to students.

**Putnam County Department of Mental Health, Youth Bureau****Carmel, NY**

This unit of the PCDMH is responsible for some of the services to youth in the county. There is interaction and coordination of services between the social worker and other service providers in the county. The social worker is responsible for youth placed at facilities in the county and in other counties. The student's assignments include much case management.

**Recovery Center****Monticello, NY**

This is an agency provides services, treatment, individual and group therapy to individuals with addictions to alcohol and drugs, to an out-patient population. The students are members of the treatment teams and participate in all aspects of treatment.

**Resource Center for Accessible Living****Kingston, NY**

This is small agency which provides services to individuals with physical and mental disabilities which may have special adaptation needs to function in homes, jobs, and other environments. The student may provide community education, individual and group counseling, and case management services, especially advocacy and support.

**RISE Program, at the Recovery Center****Monticello, NY**

This program provides the rape crisis services to Sullivan County residences who are victims of rape. Supportive services, advocacy, case management, psychotherapy, group counseling, referrals, and interdisciplinary and community collaboration are all services that students may have the opportunity to provide.

**Rockland County Psychiatric Center, NYS OMH****Middletown, NY**

This is an out-patient clinic of RCPC which provides individual and group psychotherapy for a population of seriously mentally ill individuals between the ages of 18 and 25. These individuals have chronic difficulties and may have been in the in-patient program in the recent past. Services focus on reintegrating them into the community. Case management services are also provided.

**St. Cabrini Home****West Park, NY**

This residential facility with an on-campus school is for adolescents with difficulties such as school truancy, drug and alcohol abuse, and behavior problems. The children are also placed in agency run group homes in the community. Individual, group therapy, family support, case management, and discharge planning are all provided with the usual goal of return to families.

**St. Francis Hospital – Out- Patient Mental Health Clinic****Poughkeepsie, NY**

This outpatient mental health clinic offers a wide range of clinical services to a diverse population. The clinic serves all ages and offers psycho-social assessment, individual and couples counseling and psychotherapy, crisis intervention and some referral services.

**St. Francis Hospital – Adolescent Intensive Out-Patient Program****Poughkeepsie, NY**

This day program for adolescents with psychiatric diagnoses provides individual and group therapy and the required educational services over the course of the day. Students become familiar with diagnoses and treatments that are used and are members of the treatment team.

**St. Francis Hospital Case Management Department****Poughkeepsie, NY**

Services are provided to patients in Critical Care, Intensive Care, Trauma, and the Emergency Department. Students do assessments, crisis intervention, counseling, and case management as needed, and participate in interdisciplinary collaboration.

**St. Francis Hospital In-Patient Mental Health****Poughkeepsie, NY**

This acute in-patient mental health unit is for individuals diagnosed with mental illness. Stays are usually from two to four weeks and sometimes longer. Students do group and individual therapy and provide some case management and discharge planning services.

**Sullivan Correctional Facility****Fallsburg, NY**

Inmates with psychological problems who are in this facility receive case management and counseling services by social workers and students who are placed there.

**SUNY/New Paltz, Psychological Counseling Center****New Paltz, NY**

This is the center at this college that serves the student population. The services are provided to students with psychological problems such as depression, as well as relationship issues and problems resulting from their transition from home to independence and a college environment.

**The REACH Center, Inc.****Hudson, NY**

This agency provides crime victims assistance and rape crisis services. Victims can be of all crimes, ages, races, religions, etc. Students are able to do individual and group counseling, participate on multi-disciplinary teams, and may do prevention presentations for the public.



**The Pines at Poughkeepsie****Poughkeepsie, NY**

This skilled nursing facility provides both long-term care and rehabilitation services. Students have the opportunity to do individual counseling, family counseling, groups, psychosocial assessments, case management, discharge planning, and serve on inter-disciplinary teams and committees.

**Twin County Recovery Center****Catskill and Hudson, NY**

This is an alcohol and substance treatment program for individuals from age 12 and up. Students have the opportunity to do assessments and evaluations, provide individual and group counseling, and case management services all under the OASAS regulations. They may participate on Columbia and Greene County agency and community committees.

**Ulster County Department of Mental Health****Kingston, NY**

This is the public outpatient mental health center serving residents of Ulster County with a variety of mental health services including individual therapy for adults and children, family counseling, crisis intervention, alcohol and drug abuse counseling, and community support services (CSS) which include services for the mentally ill chemical abuser. Specific placement opportunities vary from year to year. Units may be located in other sites in Ulster County.

**Vassar Brothers Hospital****Poughkeepsie, NY**

This is a 300 bed community hospital. The medical social work assignments involve psychosocial assessments, supportive counseling, crisis intervention, discharge planning, and liaison with other community agencies. Many of the individuals served are over the age of 60. Assignments generally are intense, short-term and crisis oriented interventions. Student may be working with chronically ill, acute, and terminally ill individuals.

**Veterans Administration****Castle Point and Montrose, NY****Hudson Valley Health Care System**

Both campuses offer a wide variety of services to veterans although both do not have all of these services. Included are a spinal cord injury center, nursing home care and extended rehabilitation, a program for homeless veterans, a mental health out-patient clinic, acute and long-term chronic psychiatric care, geriatric care, and treatment services for alcohol and substance problems. Social work services include psycho-social assessments, individual and family counseling, case management, discharge planning, and coordination with inter-disciplinary treatment teams. As needed services continue to be added for veterans returning from active duty.

**Volunteer Counseling Center****New City, NY**

This unique agency provides out-patient counseling and advocacy services to individuals by professional social workers and volunteers. Students function as counselors and case managers and do individual and group counseling as do the mental health professionals.

**Westchester Jewish Family Services****Peekskill, NY**

This is a traditional out-patient mental health clinic serving the community regardless of religion. Individual, group and family counseling are provided. Students also participate in multi-disciplinary staff meetings.

