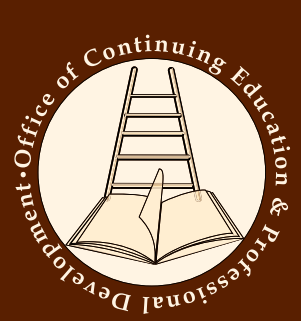


**ADELPHI UNIVERSITY
SCHOOL OF SOCIAL WORK**

Postgraduate Certificate



**Advanced Clinical
Trauma Studies and Treatment
2009–2010**

socialwork.adelphi.edu/conted

 **ADELPHI
UNIVERSITY**
GARDEN CITY ■ HAUPPAUGE
MANHATTAN ■ POUGHKEEPSIE

Postgraduate Certificate Program in Advanced Clinical Trauma Studies and Treatment

The Advanced Clinical Trauma Studies and Treatment Program is designed and taught by leading clinicians and researchers in the trauma field. This intensive training program is designed for the experienced practitioner to develop and build solid clinical skills to work with traumatized populations. This includes families and individuals in a variety of settings and as it is experienced in different stages across the lifespan.

The program is designed to teach a phase-oriented approach to trauma treatment and will address a wide range of trauma experiences, including: child abuse; domestic violence; military and veterans issues; war and torture; and bias crimes. Neurobiological issues will be addressed, and a number of frameworks will be incorporated into the learning process, including attachment theories and cognitive behavioral approaches. The program will primarily address evidence-based practices as they are accepted in different fields of trauma work.

This program is created for licensed practitioners who are faced with clients presenting from a range of traumatic experiences.

Program Objectives

- Improve clinical practice in working with traumatized individuals and families
- Learn treatment approaches and the theories behind them
- Understand dynamics of trauma treatment within various populations
- Learn the style of using a phase-related approach to treatment for survivors of trauma
- Develop a context for understanding the numerous levels of impact that different traumas carry
- Create a framework for understanding clients' experiences from a trauma-informed perspective
- Train practitioners in evidence-based practices that will help start or support the healing process from traumatic experiences

Who Should Apply

Social workers, nurses, mental health counselors, psychologists and other mental health professionals, as well as any licensed professional working with survivors and families who have experienced trauma. The program will explore numerous facets of trauma and the various populations who experience them.

Program Components

There are 24 three-hour evening sessions and five full-day trainings (six hours each), offering 102 credit hours.

Core Seminars: The Core Seminar is an ongoing course that focuses on various theories of trauma treatment as well as many aspects of assessment, diagnosis, and treatment. Each will be taught by a lead instructor and a team of additional instructors.

Integrative Seminars: The Integrative Seminar is an ongoing case conference/consultation that immediately follows the Core Seminar and is led by a senior clinician. Participants will bring case material from their own practice experience to help understand and synthesize the knowledge gained throughout the program. Students will complete a capstone project for the end of the end of the certificate program.

The Core/Integrative Seminars will meet as one class on Tuesday evenings for three hours.

Required Workshops and Dates:

Unless otherwise noted, required workshops are on Fridays, 9:00 a.m.–4:00 p.m.
Adelphi University Alumni House, 154 Cambridge Avenue, Garden City, New York

October 15, 2009 (Thursday)

**Mindsight and Integration:
The Heart of Parenting and
the Core of Healing Trauma**
Daniel Siegel, M.D.

9:00 a.m.–4:00 p.m.

Ruth S. Harley University
Center, Garden City campus

January 22, 2010

**Trauma-Focused Cognitive
Behavioral Therapy**
Peter D'Amico

February 5, 2010

**Cultural Context of Violence
Against Women**
Sujata Warrior

April 9, 2010

Returning Veterans
Michael DeFalco

June 4, 2010

**Vicarious Trauma and
Vicarious Resiliency**
Pilar Hernandez-Wolfe, Ph.D.

Total of five workshops: 30 credit hours



Required Seminars and Dates:

Seminars are on Tuesdays 6:00 p.m.–9:00 p.m.

September 22, 2009

Introduction to Phase-Related Framework

September 29, 2009

Neurobiology and Trauma

October 20, 2009

Neurobiology and Trauma

October 27, 2009

Complex Trauma

November 10, 2009

Overview of EBP in Trauma Assessment and Treatment

November 24, 2009

Attachment and Trauma

December 8, 2009

Dissociation

December 22, 2009

Childhood Trauma: Working with Parents in the Treatment of Traumatized Children

January 5, 2010

Working with the Traumatized Child

January 12, 2010 ARC:

Intervention with Traumatized Youth

January 26, 2010

CBT

February 9, 2010

Trauma in Specialized Populations

February 23, 2010

Phase One: Stabilization and Symptom Reduction-Acute Trauma

March 2, 2010

Stabilization: Physiological and Body-Oriented Strategies

March 16, 2010

Phase Two: Assessment and Treatment of Dissociation, Disorganization and Dissociative Identity Disorder

March 30, 2010

Treatment of Returning Veterans: Exposure Therapy

April 13, 2010

Trauma Processing: Use of Narrative Techniques

April 20, 2010

Trauma and Memory

April 27, 2010

EMDR in Trauma Processing

May 4, 2010

Phase Three: Rehabilitation and Integration: The Emergence of Self

May 18, 2010

Termination in Trauma Treatment

May 25, 2010

Post-Traumatic Growth

June 8, 2010

Integrative Seminar

June 22, 2010

Integrative Seminar

Total of 24 seminars: 72 hours

For workshop descriptions, visit socialwork.adelphi.edu/conted

For directions, visit adelphi.edu/visitors/directions.php

About the Seminar Faculty

Linda Reilly, M.Ed., M.S.W., is a licensed clinical social worker. She was the coordinator of the Kantor Bereavement and Trauma Center at North Shore Child and Family Guidance Center, where her practice focused on the treatment of traumatized children and their families, including the victims of abuse or violence, and survivors of suicide. She has received trauma-specific training at the Justice Institute in Boston and National Institute for the Psychotherapies (NIP) in New York City. She completed NY State OMH Trauma-Focused CBT, and is a trained EMDR practitioner.

Michael DeFalco, Psy.D., is the program director of adult services at the Holliswood Hospital and director of its recovery from traumatic stress and military wellness programs. Dr. DeFalco is also director of military services for the Liberty Homeland Support Network. He has worked for over 10 years providing treatment and development treatment programs for children and adults affected by traumatic stress, depression, and other mental health issues.

Sandra Radzanower Wolkoff is a licensed clinical social worker and currently a doctoral candidate at Adelphi University. She is director of the Marks Family Right from the Start 0-3+ Center of North Shore Child and Family Guidance Center, where she also directs training and consultation services. Ms. Wolkoff has worked extensively with young children and their families and has been a mental health consultant to Head Start and child care centers. She also began a postpartum depression program at the Guidance Center and has worked with, and been trained in, trauma-centered interventions with families. Ms. Wolkoff, editor of two books and author of over a dozen articles, has just completed her Fellowship for Leaders of the 21st Century at the National Center of Infants, Toddlers and Their Families, Zero to Three, in Washington, D.C. She has presented nationally on clinical issues related to maternal depression and infant attachment as well as professional development for practitioners.

Tricia Joyce, D.S.W., is an associate professor at Adelphi University School of Social Work. She received her B.A. from St. John's College and her M.S.W. and D.S.W. degrees from Hunter College School of Social Work/CUNY. Dr. Joyce has published and presented her work both nationally and internationally, and her fields of expertise include child sexual abuse, trauma, group work, and mental health. She has worked in a child abuse treatment program and inpatient psychiatric units with children, adolescents, and their families. Her additional interests include mothers of sexually abused children, psychoanalytic theory, professionals' constructions of clients, intergenerational aspects of trauma, and the social process of treatment planning in agency practice.

Peter D'Amico, Ph.D., A.B.P.P., a child and family psychologist, is the director of child and adolescent psychology at Schneider Children's Hospital, Zucker Hillside Hospital, and the Alliance for School Mental Health. An associate professor at the Albert Einstein College of Medicine and director of the Child Psychology Postdoctoral Fellowship, Dr. D'Amico has obtained specialty board certification in cognitive and behavioral psychology. His research interests are in the area of disseminating evidence-based treatments for children, adolescents and families, both internalizing and externalizing treatments. In addition, he was a coinvestigator and clinical supervisor for the Child and Adolescent Trauma Treatment (CATS) Consortium (which oversaw the implementation of TF-CBT) and a Red Cross project that were federally funded initiatives to help support children and families who were impacted by the September 11 attacks.

Tara Bulin, L.C.S.W., is the clinical coordinator for the recovery from traumatic stress program at the Holliswood Hospital. Ms. Bulin has extensive experience working with children, adolescents, and adults recovering from the effects of traumatic stress. She utilizes evidence-based practice techniques in her treatment with individuals afflicted with post-traumatic stress disorder and other issues related to complex trauma. A doctoral candidate at the Adelphi University School of Social Work, she is currently working on her doctoral dissertation on the subject of complex trauma and posttraumatic growth. Ms. Bulin is also an adjunct professor in the Master of Social Work Program at Adelphi University, and she has a strong background in research design, methodology, and implementation. She maintains an active private practice in Queens, Nassau, and Suffolk Counties.

Mark Dworkin, L.C.S.W., has practiced EMDR since 1993. He began working with traumatized veterans in 1975 while working for the Bronx VA Medical Center and now specializes in treating survivors of chronic relational trauma. He is an EMDR Institute facilitator. He is the author of EMDR and the Relational Imperative: The Therapeutic Relationship in EMDR Treatment.

Roni Berger, Ph.D., L.C.S.W., who was born and raised in Israel, holds a B.S.W., an M.S.W., and a Ph.D. from the Hebrew University of Jerusalem and a Diploma in Psychotherapy from Tel Aviv Medical School. Dr. Berger serves as a professor at Adelphi University, a consultant to various organizations, and also maintains a private practice. Her field of expertise includes families, specifically stepfamilies and nontraditional families, as well as immigrants, posttraumatic growth, and group work.





SCHOOL OF SOCIAL WORK

ONE SOUTH AVENUE

P.O. BOX 701

GARDEN CITY, NY 11530-0701

ADVANCED CLINICAL TRAUMA STUDIES AND TREATMENT 2009–2010

REGISTRATION INFORMATION

Applications are accepted on an ongoing basis, but class size is limited, so send in your application soon. Please visit socialwork.adelphi.edu/conted for more information about this program and other programs. Contact Neela Lockel at (516) 877-4339 or lockel@adelphi.edu or Marlene Scheer at (516) 877-4343 or scheer@adelphi.edu with any additional questions.

Name _____

Address _____

Phone (home) _____ (work) _____
(cell) _____ (fax) _____

Email _____

Agency Name (if relevant) _____

Job Title _____ Degree and Year _____

Program Fees

Nonrefundable Application Fee	\$15
Program Cost	\$3,300
One half due at first seminar September 22, 2009	\$1,650
Second half due January 5, 2010	\$1,650

The University reserves the right to cancel this or any program due to insufficient enrollment. Registrants will be notified and full refunds will be issued.

**Online payment information will be provided upon acceptance into program.
Your check can be mailed or given to a seminar instructor on the dates above.**

ADMISSION REQUIREMENTS

Complete and mail your registration form and materials to:

Adelphi University, School of Social Work, One South Avenue, P.O. Box 701, Garden City, NY 11530
Attention: Marlene Scheer, Coordinator, Continuing Education

Please be sure to include:

- \$15 Nonrefundable Application Fee Résumé Personal Statement
 Proof of Degree and Professional License Two Letters of Recommendation

CREDENTIALING INFORMATION

This program has been submitted for approval for a total of 102 continuing education/training hours, 72 seminar hours and 30 workshop hours.

Social Workers: Continuing Education Units (6 CEUs) for social work are given through the New York State Chapter of the NASW.

CASAC Training Hours: Program information has been submitted for approval to the New York State Office of Addiction and Substance Abuse Services Education and Training for 6 hours toward earning or rec credentialing for CASAC.

Educators: Educators may receive Professional Development Program hours at the discretion of your schools.



Nursing Contact Hours: Adelphi University School of Nursing is an approved provider of continuing nursing education by the New York State Nurses Association's Council on Continuing Education in Nursing by the American Nurses Credential Center's Commission on Accreditation.

Certificate of attendance will be issued at the end of each workshop.